

National Service Scheme (NSS)



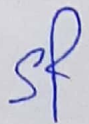
GIHS MAHAVIDYALAYA, LUCKNOW



ACTIVITIES (2015-2020)

GIHS MAHAVIDYALAYA, LUCKNOW


Programme Officer
National Service Scheme
Gihs Mahavidhyalaya
Lucknow


Principal
Goe Institute of Higher Studies & Mahavidyalay
Near Indira Gandhi Park, Lucknow

About NSS

The National Service Scheme (NSS) is an Indian government-sponsored public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. The scheme was launched in Gandhiji's Centenary year, 1969. It aims to develop student's personality through social service. The basic principle of the NSS programme is to get a sense of involvement in the task of Nation Building.

Vision

The vision is to build the youth with the mind and spirit to serve the society and work for the social uplift of the down-trodden masses of our nation as a movement.

Mission


The National Service Scheme has been functioning with the motto "NOT ME BUT YOU" in view of making the youth inspired in service of the people and hence NSS Aims Education through Community Service and Community Service through Education.


Objectives:

- To enable the students to understand the community in which they work.
- To understand themselves in relation to their community.
- To identify the needs and problems of the community and the solution to them.
- To develop competence required for group living and sharing responsibilities.
- To acquire leadership qualities and democratic attitude.
- To encourage national integration and develop the capacity to meet emergencies and national disasters.

Aim:

The programme aims to inculcate social welfare in students, and to understand their responsibility towards the society and to provide service to society without bias. NSS volunteers work so that everyone who is needy gets help. In doing so, volunteers learn from people in villages how to lead a good life despite a scarcity of resources.


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NSS Unit Establishment:

NSS unit was established in the Year -2011.

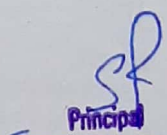
Special Activities:

- 1- NSS Special Camps, conducted every year.
- 2- To improve the students personality and make them to participate in social activities.
- 3- To create health awareness.
- 4- Eradication of social evils.
- 5- Community service and development.
- 6- To develop leadership qualities.

Regular Activities:


- 1- On Health Awareness.
- 2- To Conduct Awareness and Personality Development Programmes.
- 3- Awareness on Swatch Bharat Mission.
- 4- To reduce illiteracy.
- 5- Environmental Awareness.
- 6- Awareness about social evils.
- 7- Yoga.
- 8- Plantation.

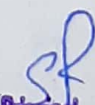

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Extension activities- 2015-2016

- 1- Plantation
- 2- Cleaning programme
- 3- Teaching and Motivation on Children's Day
- 4- Making posters and slogans to make aware people about AIDS
- 5- Free health check up camp for villagers
- 6- Making posters and slogans to motivate villagers to vote
- 7- A training programme on the basic legal rights & awareness


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

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2015-16

One Day Report

1. Report of one day camp on the occasion of NSS Day celebration (24/09/2015) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow
2. Report of one day camp on the occasion of Gandhi Jayanti (2nd October, 2015) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
3. Report of one day camp on the occasion of Children's day (14th November), conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
4. Report of one day camp on the occasion of Worlds AIDS day (1st Dec,2015.) organized at Goel Institute of Higher Studies Mahavidyalaya , Lucknow.
5. Report of one day camp on the occasion of Youth Day on (12th Jan 2016.) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
6. Report of one day camp on the occasion of Voters day (25th Jan. 2016) conducted in Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
7. Report of one day camp on 21st Feb., 2016 for the preparation of "Seven Days Special Camp"


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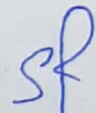
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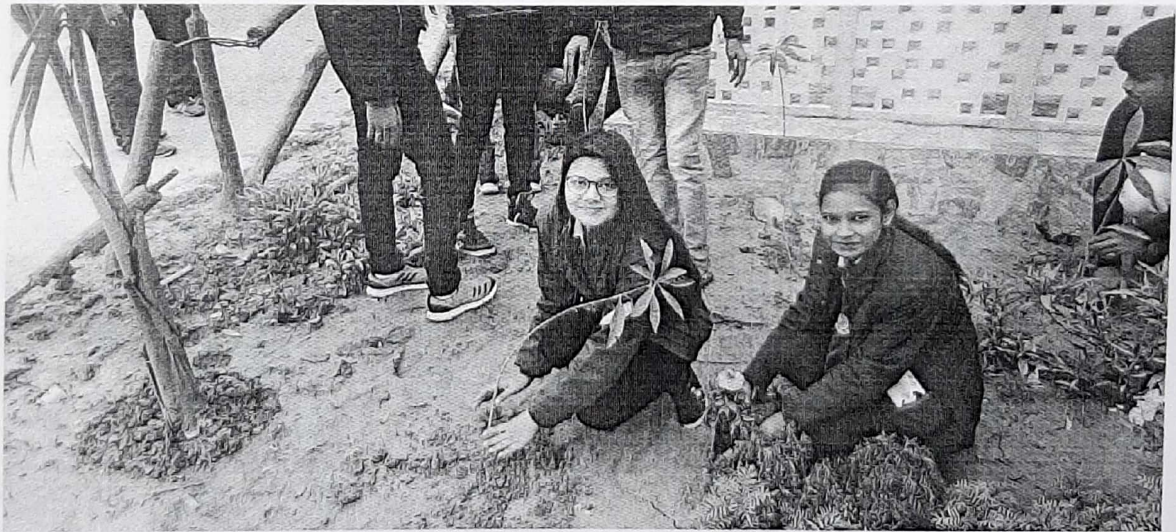
Date: 24/9/2015


Name of Programme officer: Mr. Rohit Dwivedi


All the students gathered at 9:00 A.M in the campus. Like always students sang the NSS theme song. After that the students made the posters on the theme of "Education". After completing the activity they took refreshments and they also cleaned the campus. They planted new plants in the campus. The gardener of the campus told them how to plant new plants and how to water them. They learnt a lot from the gardener about the plantation. In the last the students gathered and a motivational speech was given by officer and they left for their homes.


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2. Report of one day camp on the occasion of Gandhi Jayanti (2nd October, 2015) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

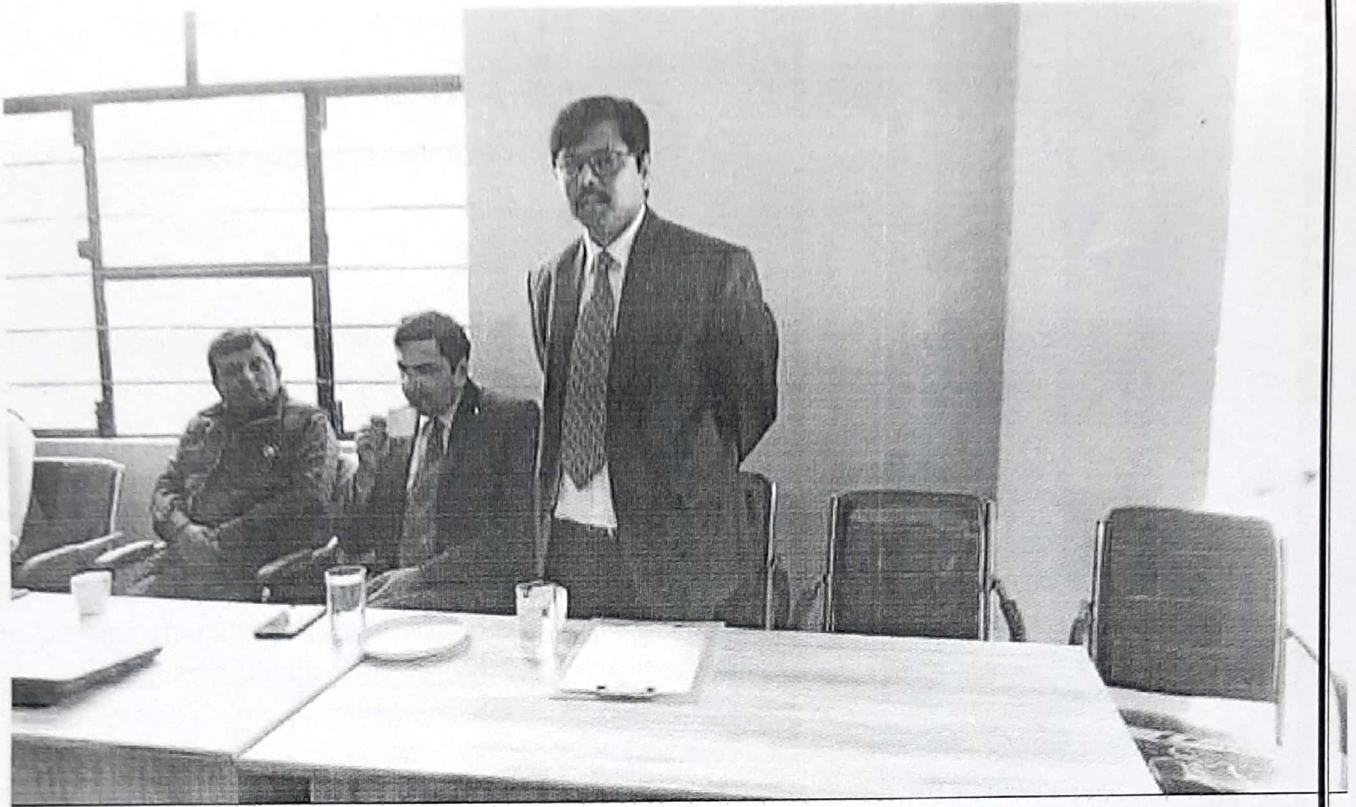
Date: 02/10/2015


Name of Programme officer: - Mr. Rohit Dwivedi

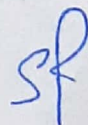
On 2nd October one day camp was conducted in the college. All the volunteers reported at 9:30 A.M on this occasion. Dr. Santosh Pandey (Principal, GIHSM), Dr. A. K. Bhardwaj (Director, GITM), Dr. Niraj Verma (Director, GIPS) were present. The programme started with NSS song sung by the girls and the boys in the camp. Dr. Santosh Pandey addressed to the students telling about the importance of celebrating 2nd October and Gandhi Ji was the man of simple living and high thinking which has been set as an example to us. He was against to the smoking, drinking, untouchability, and non-vegetarianism. He was the milestone of truth and non-violence who started the Satyagraha movement for India's freedom. He shared one of his great thoughts: "Live as if you were to die tomorrow. Learn as if you were to live forever.", Dr. A.K. Bhardwaj & Dr. Niraj Verma also motivated to the students and told the importance of social service in our life. Some girls sang a melodious favorite song of Gandhi Ji 'Raghupati Raghav Raja Ram Patit Pawan Sita Ram....' After that the students took the refreshments.


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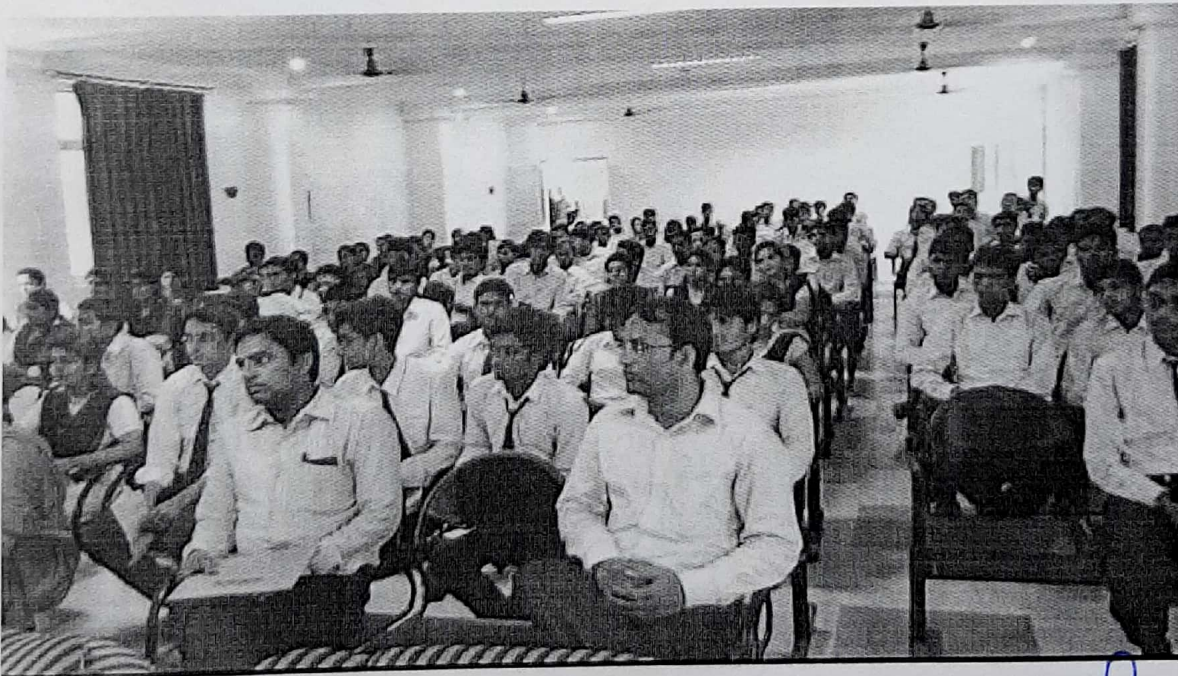
3. Report of one day camp on the occasion of Children's day (14th November), conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

Date: 14/11/2015

Name of Programme officer: - Mr. Rohit Dwivedi

On 14th November, one day camp was celebrated in the campus. All the students reported at 9:00 A.M on this occasion. Addressing to the students Dr. Santosh Pandey (Principal, GIHSM), told that prior to 1964, India celebrated Children's Day on 20 November, which was observed as the universal Children's Day by the United Nations. But after death of Pt. Jawahar Lal Nehru in 1964, it was unanimously decided to celebrate his birthday as 'Bal Diwas' in the country due to his love and affection towards children. Jawaharlal Nehru once said "The children of today will make the India of tomorrow. The way we bring them up will determine the future of the country". Keen on the development and education of children in the country, Pandit Nehru oversaw the establishment of some of the most prominent educational institutions in India. Apart from his role as a freedom fighter and politician, Pandit Nehru has left behind a legacy of education and development of children in the country, and November 14 is celebrated as a tribute to him.

Dr. A. K. Bhardwaj (Director, GITM), Dr. Niraj Verma (Director, GIPS) were present. The programme started with NSS song sung by the girls and the boys in the camp. Dr. A.K. Bhardwaj & Dr. Niraj Verma also motivated to the students and told the importance of social service in our life. After that the students took the refreshments.



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4. Report of one day camp on the occasion of Worlds AIDS day (1st Dec, 2015.) organized at Goel Institute of Higher Studies Mahavidyalaya , Lucknow.

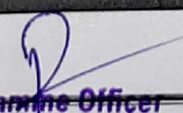
Date: 01/12/2015

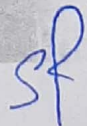
Name of Programme officer: - Mr. Rohit Dwivedi

It was 4th one day camp conducted on 1st Dec. 2015 on the occasion of World's AIDS Day. The Students reported at 9:30 A.M in the Goel Campus and they sang NSS song. Posters and slogans were made by students on the theme of "AIDS Awareness" and went to village to make people aware about Aids disease and its effects on health. The students met to the people and talked with them about AIDS and its precautions. The students and teachers of Goel Institute of Pharmacy were invited and they did free health check up of villagers. They gave various advises to the people related to maintain good health. The students Prepared reports to which they read it after returning the campus. They took their lunch and leaved the campus for their home.



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5. Report of one day camp on the occasion of Youth Day on (12th Jan 2016.)
conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

Date: 12/1/2016

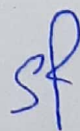
Name of Programme officer: - Mr. Rohit Dwivedi

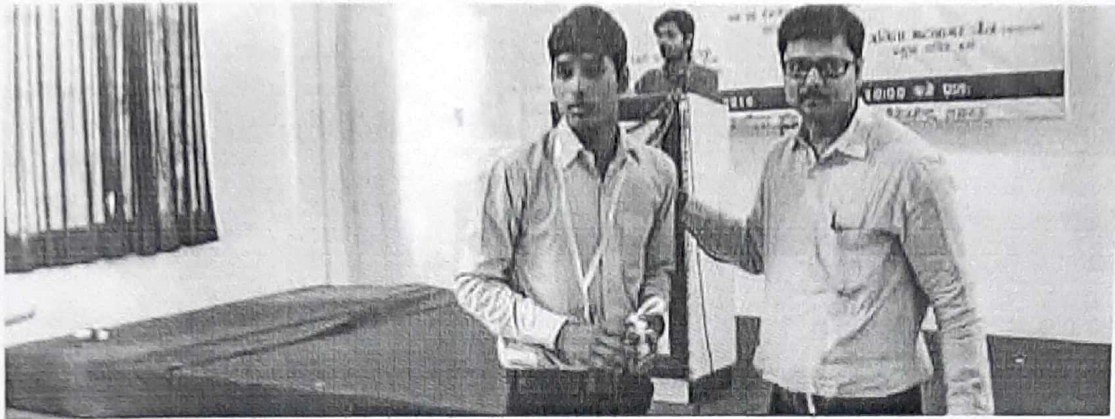
Fifth one day camp was conducted on 12th Jan 2016 (Youth Day) in the "Goel Campus". The Students gathered in the ground at 10:00 A.M.

Dr. Santosh Pandey (Principal, GIHSM) told the students about Swami Vivekanand Ji and delivered a very important speech about his beliefs. He told them that the Government of India had declared to observe the National Youth Day every year on the birthday of Swami Vivekananda on 12th of January. It was decided by the Government of India in order to inspire all the youths of country towards the philosophy of Swami Vivekananda and his ideals. The birthday of Swami Vivekananda was decided to be celebrated as the National Youth Day to complete the aim of making better future of the country by motivating the youths through the way of life and ideas of Swami Vivekananda. It is the aim of great importance of distributing the ideas and ideals of Swami Vivekananda among the youths of India. It is the great way to wake up the eternal energy of the youths as well as their big efforts to make the country developed.

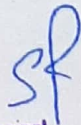
The students took an oath to help the needy and poor persons. A friendly match of kabbadi was conducted. After that they took their lunch. In the last, A motivated speech was given by programme officer, Mr. Rohit Dwivedi.


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6. Report of one day camp on the occasion of Voters day (25th Jan. 2016)

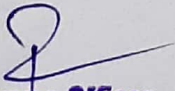
conducted in Goel Institute of Higher Studies Mahavidyalaya, Lucknow.


Date: 25/1/2016

Name of Programme officer:- Mr. Rohit Dwivedi

The one day camp was conducted on 25/1/2016 on the occasion of voter's day. The students gathered in the ground of "Goel Campus" and they sang NSS song. The students made posters with various slogans. They expressed their views on voters and made them aware about importance of votes of the citizens of India. They were divided into groups and went to village "Anora Kala". They met to the villagers and motivated them to vote in the coming elections. They told them the value of their votes and why they should vote after that they return to Goel Campus. They took their lunch. In the last, Programme Officer Mr. Rohit Dwivedi discussed the students about their experience and motivated them.

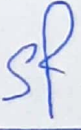



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7. Report of one day camp on 21st Feb., 2016 for the preparation of "Seven Days Special Camp"


Date: 21/02/2016

Name of Programme officer: - Mr. Rohit Dwivedi

The Seventh one day programme was conducted on 21st Feb. 2016. The students gathered at 9:30 a.m. in the ground of Goel Campus and moved to village "Anaura Kala" for searching the place to conduct the camp for seven days and visited the area where the camp had to be conducted. They also visited the village and interacted to the people of village. The programme officer Mr. Rohit Dwivedi gave them instructions about camp for 7 days and talked about rules and regulations while staying in the NSS Special camp.




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Special Camp:

Report of Special Camp Conducted at Primary School in Anoura Kala from 14th March, 2016 to 20th March, 2016.

Date: 21/03/2016

Programme Officer: Mr. Rohit Dwivedi

The special camp was conducted by the students of GIHS Mahavidyalaya, Lucknow at primary School, Anoura Kala, Lucknow.

Dr. Santosh Pandey (Principal, GIHSM) addressed the volunteers and wished, motivated and blessed them for the success of camp.

The main objectives of this camp were to make aware to the people of village about the importance of clean environment and the importance of education to make a civilized society.

The first half day was spent by the students in the arrangement of all needed things. Teams were divided to cook the food. In the second half day students visited the village and identified different problems of that area.

The second day, all the students gathered in the field of school for prayer. They took the breakfast. They cleaned the places nearby school. After taking lunch all the students visited the village and read out their working of the day.

The third day as the regular day, after necessary activities we all went to the village to get data of children, their education, and during the collection of data. We had a discussion with parents and told the importance of education. We motivated them to make their children educated and a civilized person in the society. An analytical Discussion was held which converted to debate and rest of the things happened in the same manner.

The fourth day, the mentor discussed the importance of sports and games in the life of students. We had our game teacher Mr. Chandra Singh Karki, He highlighted the importance that how a student can be healthy by involving in games and sports. In the second half the students visited the village and we all cleaned the garbage from the streets. We discussed the people about the importance the cleanliness.

The fifth day, in the first half day the agenda of medical awareness was put up. All the volunteers were taught about simple vaccination and sanitary need by pharmacist Dr. Arpita. After that we visited to the village collected information about the children below 5 years who were not vaccinated with polio vaccination and rest of the other necessary vaccination. The parents who were not taking interest we all made them aware about the importance of these types of programs.


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In the second half Mr. A.K. Dixit, Advocate high court, Lucknow had conducted a training program on the basic legal rights & awareness.

The sixth day, the first half day we spent with the students of the school, we taught them and held several activities with them. From those activities they learnt a lot and enjoyed the learning process.

The second half day our agenda was to discuss the importance of food. Generally people throw it in dustbin while in marriages and in birth parties or at our home. We focus on how hard times a farmer grow crops ton which we buy easily from market by just paying few money. Today we came to know the value of the food.

The seventh day, the last day of the camp, we planed many different types of plants nearby the school and in the few of the village. Concluding the day of camp with lots of real lessons and memories with us. We all were thinking about them how they manage their lives with limited facilities. They are real managers of resources.


We salute to the great farmers of India.

Thank You!

Objectives:

The objective of this camp was to make interaction of students with villagers, to establish relationship with community members and to develop long term institutional relationship with the community and contribution to the upliftment of people therein.


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Photos of Special Camp:



Matri Bhoomi Vidhik Jagrukta Samiti
Regd. No. 1926-2008-9
6, Park Road, Hazrat Ganj, Lucknow.
(Awareness For All)



CERTIFICATE


This is to Certify that Mr./Ms. Rahul Mehta is
awarded a certificate after completion of training in Legal Awareness Training Programme for session
2011 at G.I.H.S. Mahavidyalaya
The Programme included the basic knowledge of Law which may helpfull for making
his/her bright career in future.


Arise, awake and make prosperous country.
In Charge

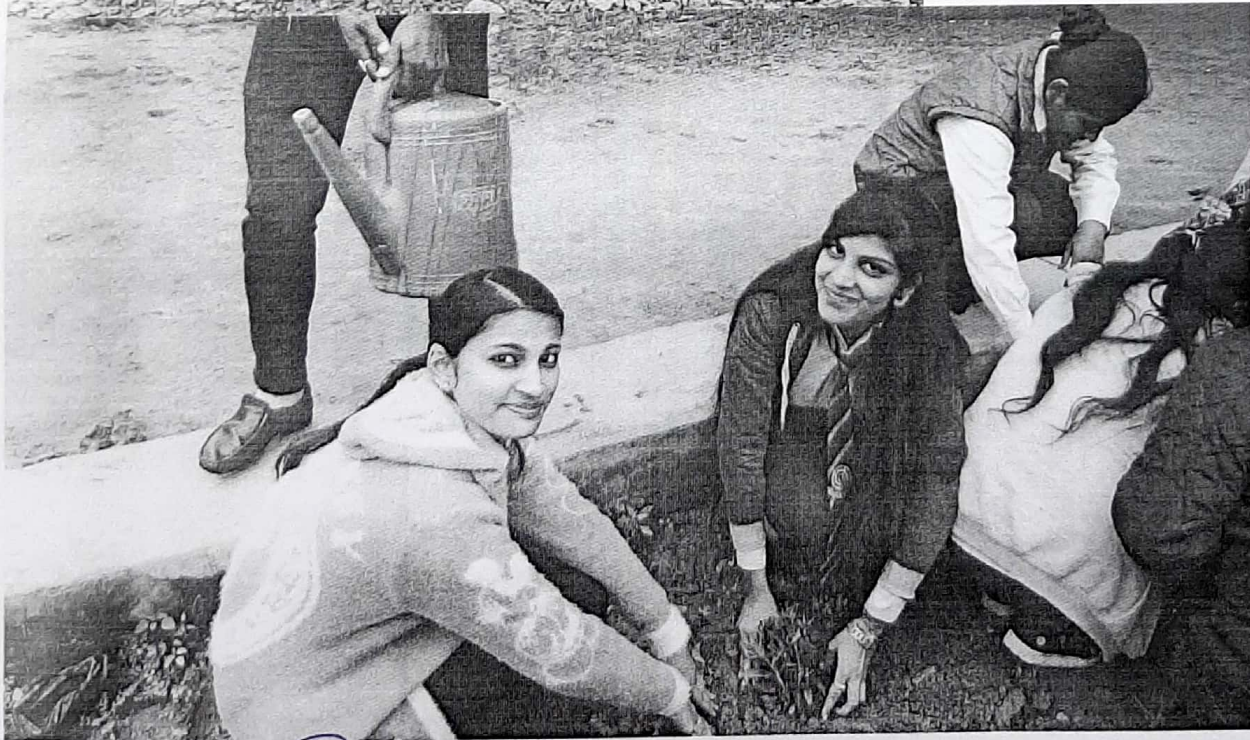

Director
A.K. Dixit
Advocate, High Court
Mob: 99639326819

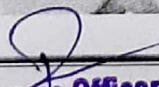

Chairman
Mrs. Preeti

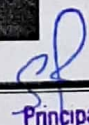
Date


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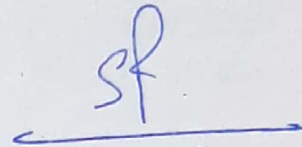

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Extension activities

2016-2017

- 1- Cleaning programme & plantation
- 2- AIDS awareness programme
- 3- Making posters and slogans to motivate villagers to vote
- 4- Plantation
- 5- A training programme on the basic legal rights & awareness



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2016-17

One Day Camp

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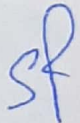
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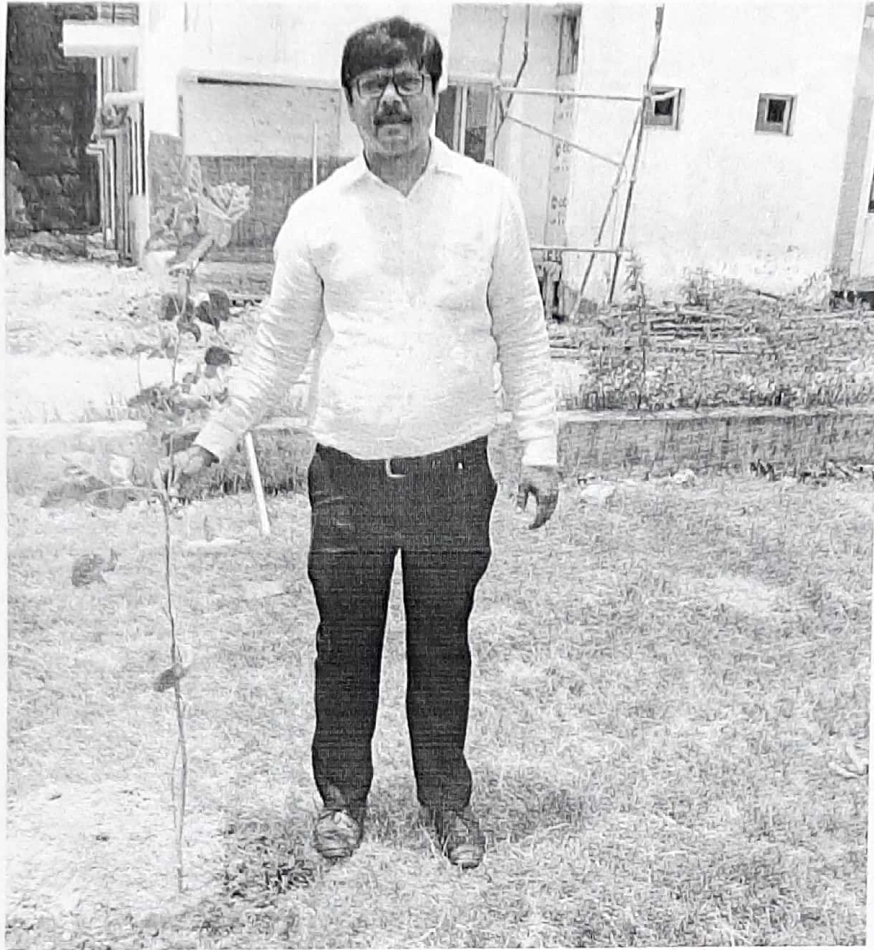
Date: 24/9/2016


Name of Programme officer:- Mr. Rohit Dwivedi.


All the volunteers gathered at 9:30 A.M in the campus .The students sung the NSS theme song. After that the students made the posters on the theme of "GO GREEN" and then completing the activity they took refreshments,they also cleaned the campus. They planted new plants in the campus. The gardener of the campus told new methods,how to plant new plants and how to water them. They learnt all new methods from the gardener about the plantation process. In the last the students gathered and a motivational speech was given by officer and they left for their homes with a felling of GO GREEN agenda.


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2. Report of one day camp on the occasion of Gandhi Jayanti (2nd October, 2016) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.


Date: 02/10/2016

Name of Programme officer: - Mr. Rohit Dwivedi.

It was 2nd October, A one day camp was conducted in the campus. All the volunteers reported at 9:30 A.M on this occasion. Dr. Santosh Pandey (Principal, GIHSM), Dr. A. K. Bhardwaj (Director, GITM), Dr. Niraj Verma (Director, GIPS) were present. The programme started with NSS song sung by the girls and the boys in the camp. Dr. Santosh Pandey addressed to the students telling about the importance of 2nd October and Gandhiji was the man of simple living and high thinking which has been set as an example to us. He was very against to the smoking, drinking, untouchability, and non-vegetarianism. He was the pioneer of truth and non-violence who started the Satyagraha movement for India's freedom. He shared one of his great thoughts: "Live as if you were to die tomorrow. Learn as if you were to live forever.", Dr. A.K. Bhardwaj & Dr. Niraj Verma also motivated the students and told the importance of social service in our life. Some girls sang a melodious song of Gandhi Ji 'Raghupati Raghav Raja Ram Patit Pawan Sita Ram....' After that the students took the refreshments. They cleaned the campus on the occasion of "Swachh Bharat Abhiyan". They were told the importance and benefits of the cleanliness and moreover about non-violence.

Programme Officer Mr. Rohit Dwivedi addressed to the students telling them that *Swachh Bharat Abhiyan* is a campaign launched by the Prime Minister, Narendra Modi as a nationwide cleanliness campaign. It is implemented to fulfill the vision and mission of clean India a day. It was launched especially on the birth anniversary of the Mahatma Gandhi as he was dreamed and very keen to make this country a clean country. The aim of the mission is to cover all the rural and urban areas of the country to present this country as an ideal country before the world. The mission has targeted aims like eliminating the open defecation, converting insanitary toilets into pour flush toilets, eradicating manual scavenging, complete disposal and reuse of solid and liquid wastes, bringing behavioural changes to people and motivate health practices, spreading

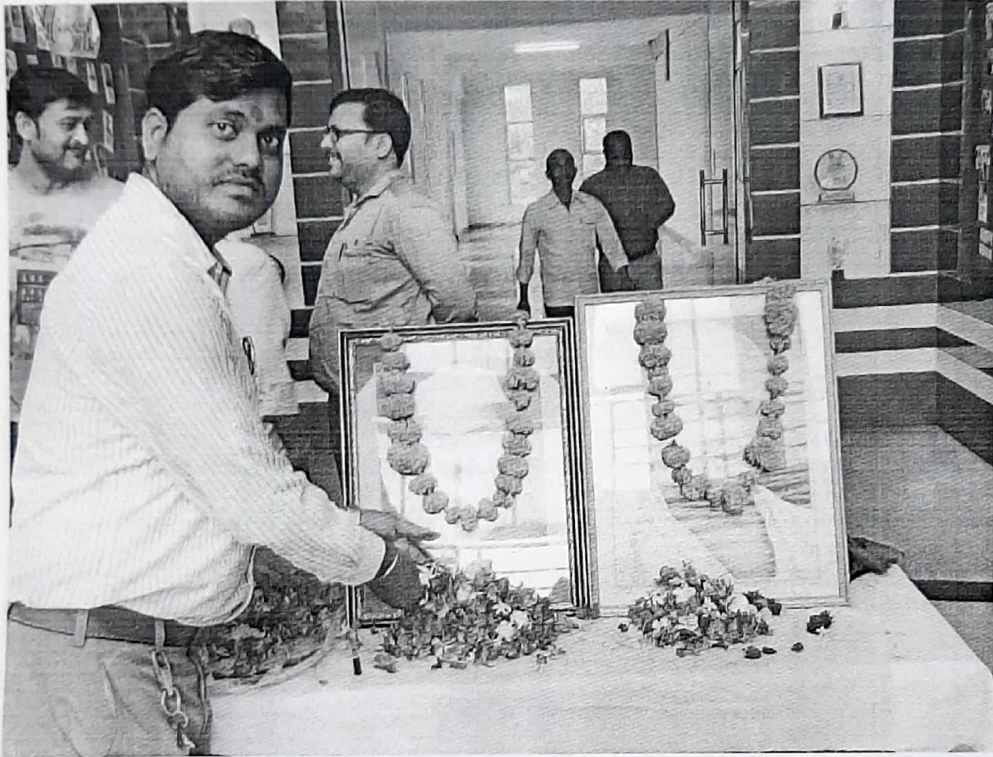

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cleanliness awareness among people, strengthening the cleanliness systems in the urban and rural areas as well as creating user friendly environment for all private sectors interested for investing in India for cleanliness maintenance.

The students took an oath to contribute to make India a clean country and follow to Non-Violence.




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**3. Report of one day camp on the occasion of Children's day (14th November),
conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.**


Date: 14/11/2016

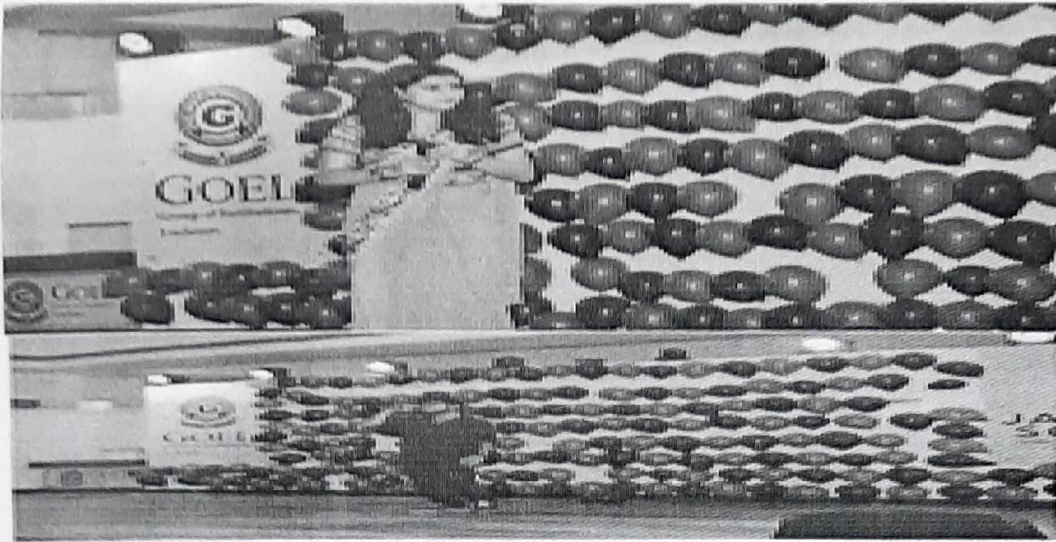
Name of Programme officer: - Mr. Rohit Dwivedi.

On 14th November, one day camp was conducted in the campus. All the volunteers reported at 9:00 A.M on this occasion. Addressing to the students Dr. Santosh Pandey (Principal, GIHSM), told that prior to 1964, India celebrated Children's Day on 20 November, which was observed as the universal Children's Day by the United Nations. But after death of Pt. Jawahar Lal Nehru in 1964, it was unanimously decided to celebrate his birthday as Bal Diwas in the country due to his love and affection towards children. Jawaharlal Nehru once said "The children of today will make the India of tomorrow. The way we bring them up will determine the future of the country". Keen on the development and education of children in the country, Pandit Nehru oversaw the establishment of some of the most prominent educational institutions in India. Apart from his role as a freedom fighter and politician, Pandit Nehru has left behind a legacy of education and development of children in the country, and November 14 is celebrated as a tribute to him.

We decided to go to the village 'ANORA KALA'. First of all, we visited primary school at the village. The students taught the children and distributed sweets to the children. The students told them the story of Pt. Jawahar Lal Nehru and why he is called Chacha Nehru. After that the students went door to door to motivate the villagers to educate their children. After few hours they gathered with their reports in the ground of primary school and they discussed their reports with the programme officer. Then they returned to the campus and took the lunch. In the last, programme officer motivated the students telling them the importance of their contribution to educate the children of ANORA KALA GAV.


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4. Report of one day camp on the occasion of World AIDS day (1st Dec,2016.)


conducted at Goel Institute of Higher Studies Mahavidyalaya , Lucknow.

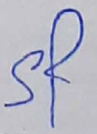
Date: 01/12/2016

Name of Programme officer:- Mr. Rohit Dwivedi.

The one day camp of NSS was conducted on 1st Dec. 2016 on the occasion of World's AIDS Day. The Students reported at 9 A.M in the Goel Campus and they sung NSS song. All the students made posters and slogans on the important theme of "AIDS Awareness" as 'Enjoy life, take control, stop HIV/AIDS', 'Open your eyes before AIDS closes it', and 'Be beautiful! Be smart! Be stylish! But, protect yourself from HIV!' etc. and went to village to make people aware about Aids disease. The students met the people and talked with them about AIDS and its related precautions. The students Prepared reports to read it after returning the campus. They took their lunch and leaved the campus for their home. It was a very knowledgeable programme for both the students and the faculties too.




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5. Report of one day camp on the occasion of Youth Day on (12th Jan 2017.)

conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

Date: 12/1/2017

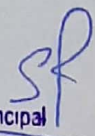
Name of Programme officer:- Mr. Rohit Dwivedi.

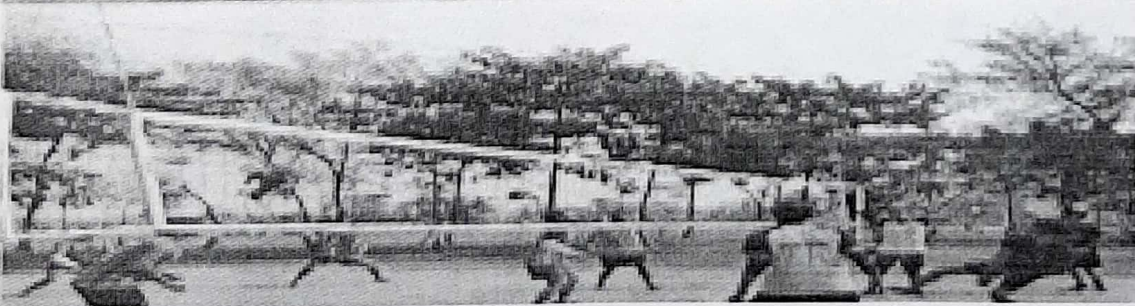
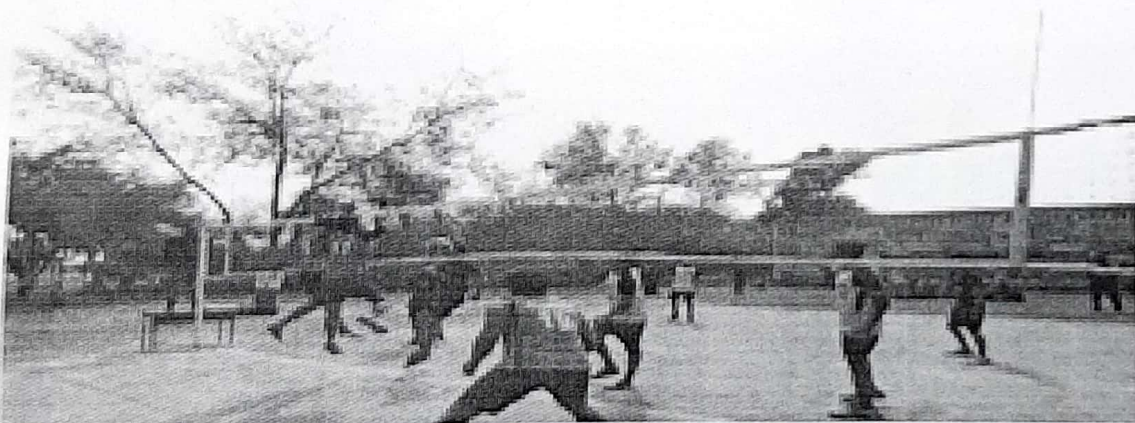
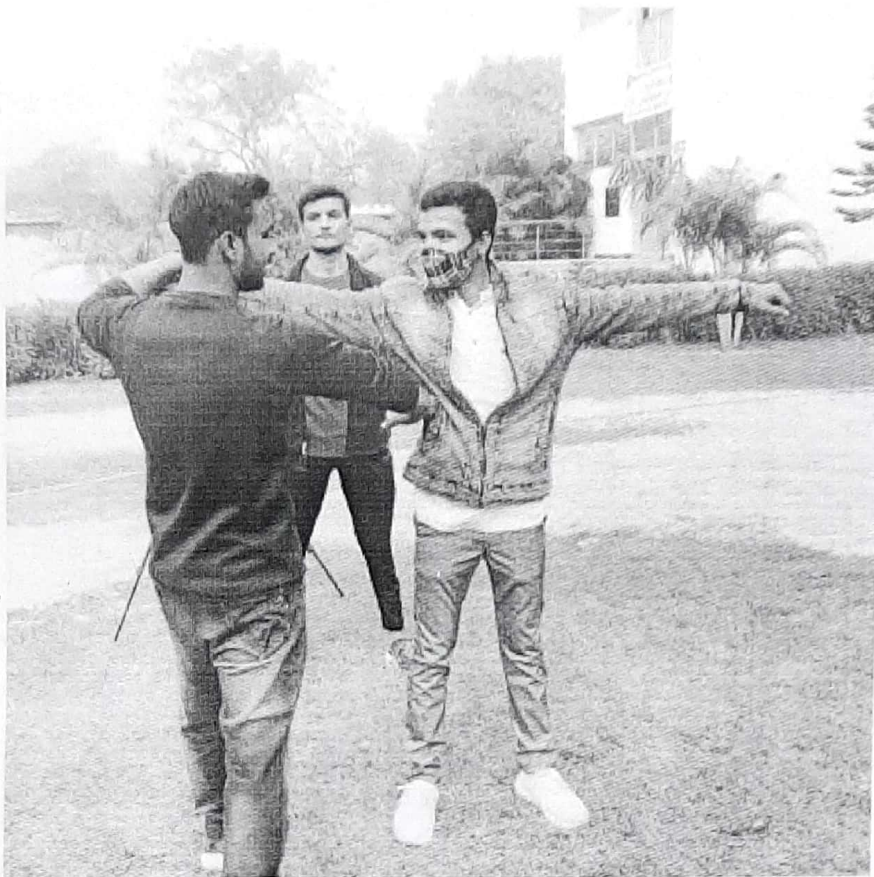
A one day camp was conducted on 12th Jan 2015(Youth Day) in the "Goel Campus". The Students gathered in the ground at 10:00 A.M .The sport teachers Mr. Sandeep Sharma and Mr. K.K. Shukla gave the students tips how to become fit physically and how to maintain their physical and mental fitness. The sports teacher told them the importance of sports in their daily life. The students practiced exercise with sports teacher for 20 minutes. After that they took refreshments.


Dr. Santosh Pandey (Principal, GIHSM) told the students about Swami Vivekanand Ji and talked about his beliefs. He told them that the Government of India had declared to observe the National Youth Day every year on the birthday of Swami Vivekananda on 12th of January. It was decided by the Government of India in order to inspire all the youths of country towards the philosophy of Swami Vivekananda and his ideals. The birthday of Swami Vivekananda was decided to be celebrated as the National Youth Day to complete the aim of making better future of the country by and by motivating the youths through the way of life and ideas of Swami Vivekananda. It is the aim of great importance of distributing the ideas and ideals of the Swami Vivekananda among the youths of India. It is the great way to wake up the eternal energy of the youths as well as their big efforts to make the country developed.

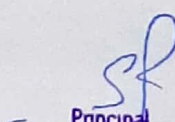
The students took an oath to help the needy and poor persons. A friendly match of volleyball was conducted. After that they took their lunch. In the last, A motivated speech was given by programme officer, Mr. Rohit Dwivedi.


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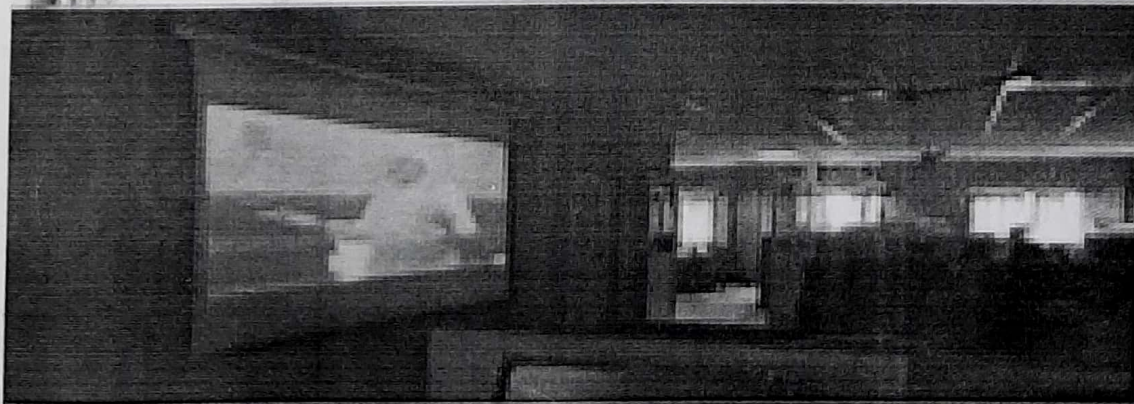
6. Report of one day camp on the occasion of Voters day (25th Jan. 2017)

conducted in Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

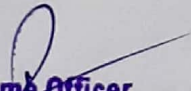
Date: 25/1/2017


Name of Programme officer:- Mr. Rohit Dwivedi.

A one day camp was conducted on 25/1/2017 on the occasion of voter's day. The students gathered in the ground of "Goel Campus" and they sung NSS song. The students made posters with various slogans as "Proud to be a voter - Ready to vote", 'Make the future bright, Vote for what's right', 'If you don't vote, don't complain', they expressed their views on posters about importance of voting in India. They were divided into groups and went to village "Anora Kala". They met to the villagers and motivated them to vote in the coming elections. Students told them the value of their votes and why they should vote after that they return to Goel Campus. They took their lunch. In the last, Programme Officer Mr. Rohit Dwivedi discussed the students About their experience and motivated them and told the importance of democracy and voting in detail.



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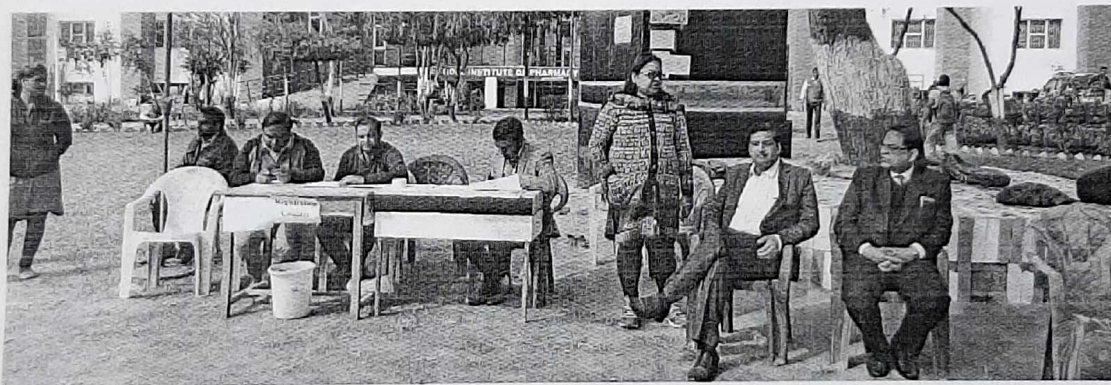

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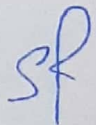
7 Report of one day camp on 21st Feb., 2017 for the preparation of "Seven Days Special Camp"

Name of Programme officer –Mr. Rohit Dwivedi.

The Seventh one day programme was conducted on 21st Feb 2017. The students gathered at 9:00 a.m. in the ground of Goel Campus and they went to village "Anora Kala" to search the place to conduct the camp for seven days and visited the area where the camp had to be conducted. They also visited the village and they interacted to the villagers. The programme officer gave them instructions about camp for 7 days and directed rules and regulations while staying in the NSS Special camp.




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Special Camp:

Report of Special Camp Conducted at Senior Secondary School, Anourakala,
from 20th March, 2017 to 26th March, 2017.

Date: 27/03/2017

Programme Officer: Mr. Rohit Dwivedi

The special camp was conducted by the students of GIHS Mahavidyalaya, Lucknow in Senior Secondary School, Anourakala, Lucknow.

Dr. Santosh Pandey (Principal, GIHSM) addressed the volunteers and wished, motivated and blessed them for the success of camp.

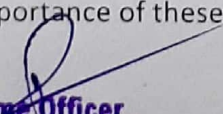
The main objectives of this camp were to make aware to the people of village about the importance of clean environment and the vision of our Prime Minister Narendre Modi "Swachh Bharat Abhiyan".

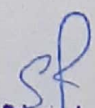
The first half day was spent by the students in the arrangement of all needed things. Teams were divided to cook the food. In the second half day students visited the village and identified different problems of that area.

The second day, all the students gathered in the field of school for prayer. They took the breakfast. They cleaned the places nearby school. In the Second half they visited the village to identify the problems of the village.

The third day as the regular day, after necessary activities we all went to the village to get data of children, their education, and during the collection of data. We had a discussion with parents and told the importance of education. We motivated them to make their children educated and a civilized person in the society. An analytical Discussion was held which converted to debate and rest of the things happened in the same manner.

The fourth day, the mentor discussed the importance of sports and games in the life of students. We had our game teacher Mr. Chandra Singh Karki, He highlighted the importance that how a student can be healthy by involving in games and sports. In the second half the students Played the games. The fifth day, in the first half day the agenda of medical awareness was put up. All the volunteers were taught about simple vaccination and sanitary need by pharmacist Dr. Arpita. After that we visited to the village collected information about the children below 5 years who were not vaccinated with polio vaccination and rest of the other necessary vaccination. The parents who were not taking interest we all made them aware about the importance of these types of programs.


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In the second half Mr. A.K. Dixit, Advocate high court, Lucknow had conducted a training program on the basic legal rights & awareness.

The sixth day, the first half day we spent with the students of the school, we taught them and held several activities with them. From those activities they learnt a lot and enjoyed the learning process.


The second Half day visited the village and we all cleaned the garbage from the streets. We discussed the people about the importance the cleanliness.


The seventh day, the last day of the camp, we planed many different types of plants nearby the school and in the few of the village. Concluding the day of camp with lots of real lessons and memories with us. We all were thinking about them how they manage their lives with limited facilities.

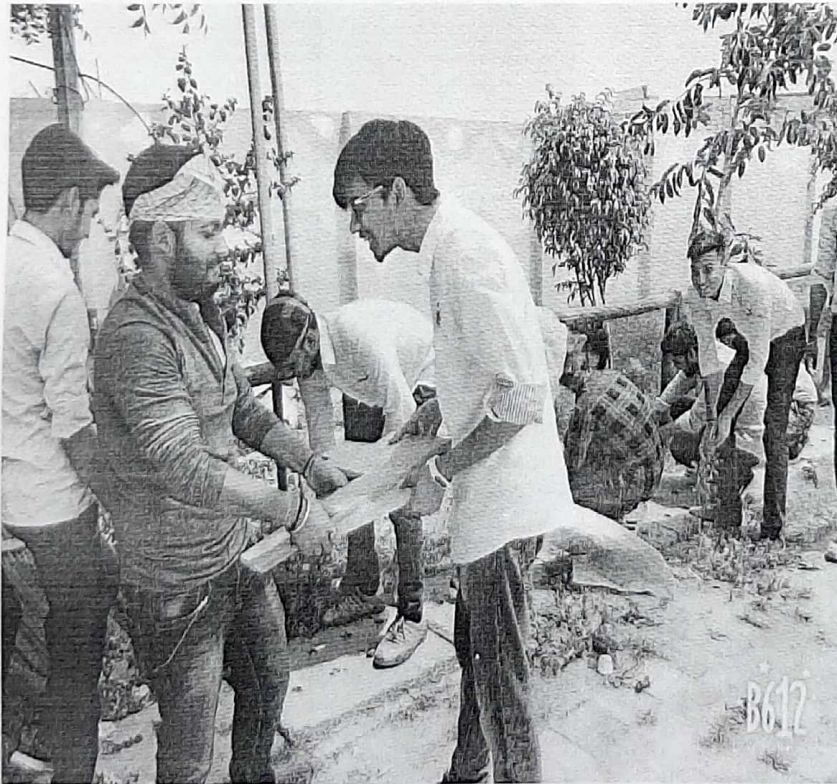
Thank You!

Objectives:

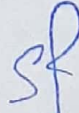
To provide opportunities to the students to play their important roles in the upliftment of the people in rural areas with the implementation of various development programmes which would help in creating durable community assets in rural areas and in improvement of the condition of weaker sections of the communities.


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Girls Mahavidhyalaya
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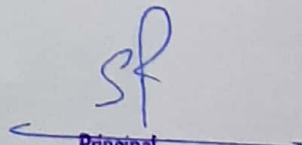
Extension activities

2017-18

One Day Camp

1. Report of one day camp on the occasion of NSS Day celebration (24/09/2017) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
2. Report of one day camp on the occasion of Gandhi Jayanti (2nd October, 2017) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
3. Report of one day camp on the occasion of Children's day (14th November), conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
4. Report of one day camp on the occasion of Worlds AIDS day (1st Dec,2017.) conducted at Goel Institute of Higher Studies Mahavidyalaya , Lucknow.
5. Report of one day camp on the occasion of Voters day (25th Jan. 2018) conducted in Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
6. Report of one day camp on the occasion of Youth Day on (12th Jan 2018.) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
7. Report of one day camp on occasion of Yoga day (21st June 2018) conducted at Sanskrit Sansthan, Gomti Nagar, Lucknow.


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1. Report of one day camp on the occasion of NSS Day celebration (24/09/2017) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.


Date: 24/9/2017

Name of Programme officer:-Mr. Rohit Dwivedi.

All the volunteers gathered at 9:30 A.M in the campus .The students sang the NSS theme song. After that the students made the posters on the varios theme. After completing the activity they took refreshment. They planted new plants in the campus. The gardener of the campus told them how to plant new plants and how to water them. They learnt a lot from the gardener about the plantation. In the last the students gathered and a motivational speech was given by officer and they left for their homes.




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2. Report of one day camp on the occasion of Gandhi Jayanti (2nd October, 2017) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.


Date: 02/10/2017

Name of Programme officer: - Mr. Rohit Dwivedi.

It was 2nd October when one day camp was conducted in the campus. All the volunteers reported at 10:00 A.M on this occasion. The programme started with NSS song sung by the girls and the boys in the camp. Dr. Santosh Pandey addressed to the students telling about the importance of 2nd October and Gandhiji was the man of simple living and high thinking which has been set as an example to us. He was very against to the smoking, drinking, untouchability, and non-vegetarianism. He was the pioneer of truth and non-violence who started the Satyagraha movement for India's freedom. He shared one of his great thoughts: After that the students took the refreshments. They cleaned the campus on the occasion of "Swachh Bharat Abhiyan". They were told the importance and benefits of the cleanliness. Programme Officer Mr. Rohit Dwivedi Addressed to the students telling them that *Swachh Bharat Abhiyan* is a campaign launched by the Prime Minister, Narendra Modi as a nationwide cleanliness campaign. It is implemented to fulfill the vision and mission of clean India a day. It was launched especially on the birth anniversary of the Mahatma Gandhi as he was dreamed and very keen to make this country a clean country. The aim of the mission is to cover all the rural and urban areas of the country to present this country as an ideal country before the world. The mission has targeted aims like eliminating the open defecation, converting insanitary toilets into pour flush toilets, eradicating manual scavenging, complete disposal and reuse of solid and liquid wastes, bringing behavioural changes to people and motivate health practices, spreading cleanliness awareness among people, strengthening the cleanliness systems in the urban and rural areas as well as creating user friendly environment for all private sectors interested for investing in India for cleanliness maintenance.

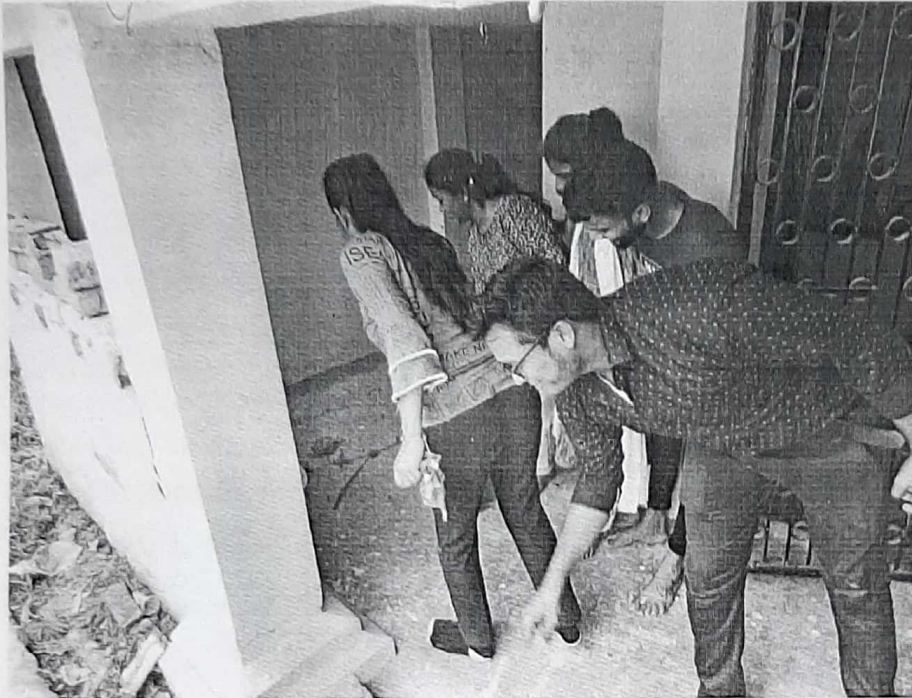
The NSS Volunteers were divided into teams and they visited the village "GOHALIA". They cleaned the various places in the village and also met to the villagers to motivate them and



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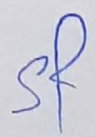
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make them aware about the mission *Swachh Bharat Abhiyan*. They told them the importance of cleanliness.

After returning to the campus they shared their experience with the programme officer and to one another.




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3. Report of one day camp on the occasion of Children's day (14th November), conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

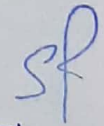
Date: 14/11/2017

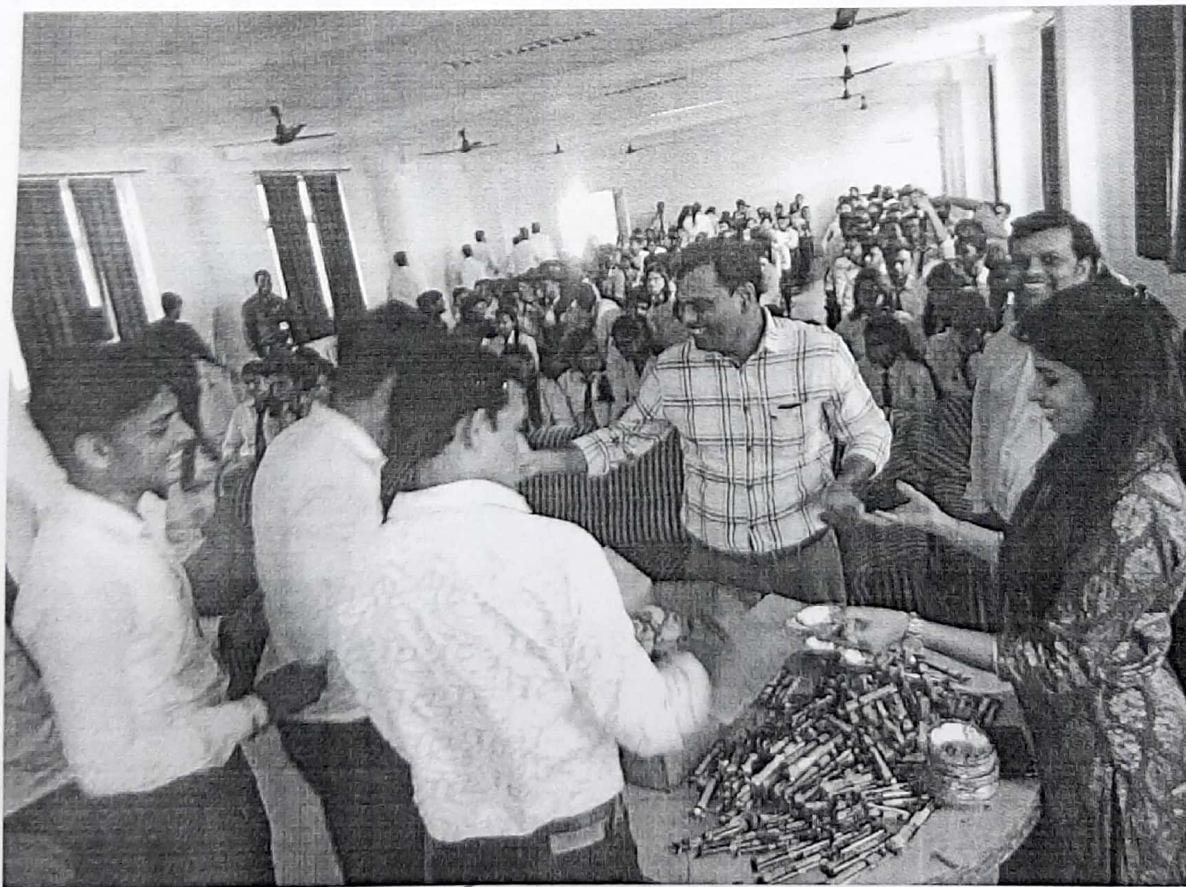
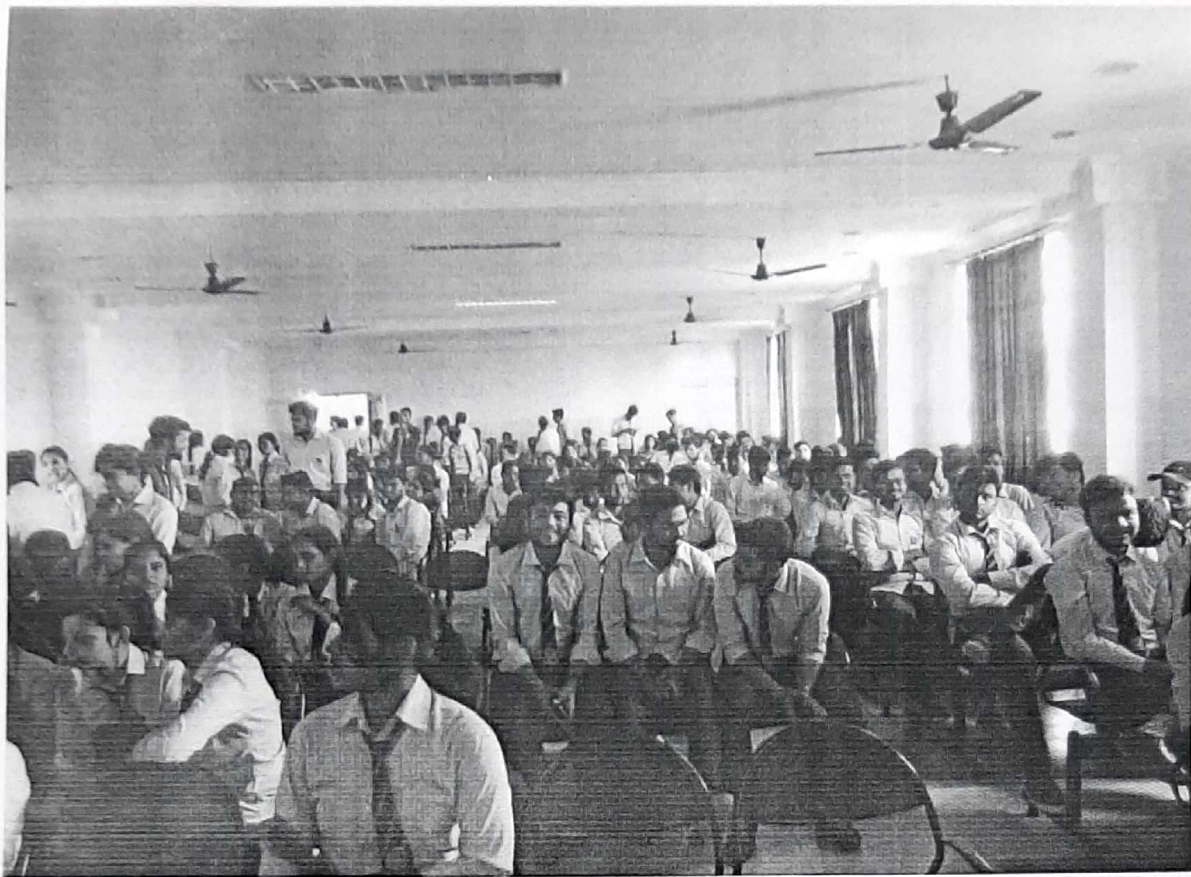
Name of Programme officer: - Mr. Rohit Dwivedi.


On 2nd October, one day camp was conducted in the campus. All the volunteers reported at 9:00 A.M on this occasion. Addressing to the students Dr. Santosh Pandey (Principal, GIHSM), told that prior to 1964, India celebrated Children's Day on 20 November, which was observed as the universal Children's Day by the United Nations. But after death of Pt. Jawahar Lal Nehru in 1964, it was unanimously decided to celebrate his birthday as Bal Diwas in the country due to his love and affection towards children. Jawaharlal Nehru once said "The children of today will make the India of tomorrow. The way we bring them up will determine the future of the country". Keen on the development and education of children in the country, Pandit Nehru oversaw the establishment of some of the most prominent educational institutions in India. Apart from his role as a freedom fighter and politician, Pandit Nehru has left behind a legacy of education and development of children in the country, and November 14 is celebrated as a tribute to him.

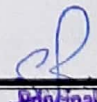
Dr. A. K. Bhardwaj (Director, GITM), Dr. Niraj Verma (Director, GIPS) were present. The programme started with NSS song sung by the girls and the boys in the camp. Dr. A.K. Bhardwaj & Dr. Niraj Verma also motivated to the students and told the importance of social service in our life. After that the students took the refreshments.


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Lucknow

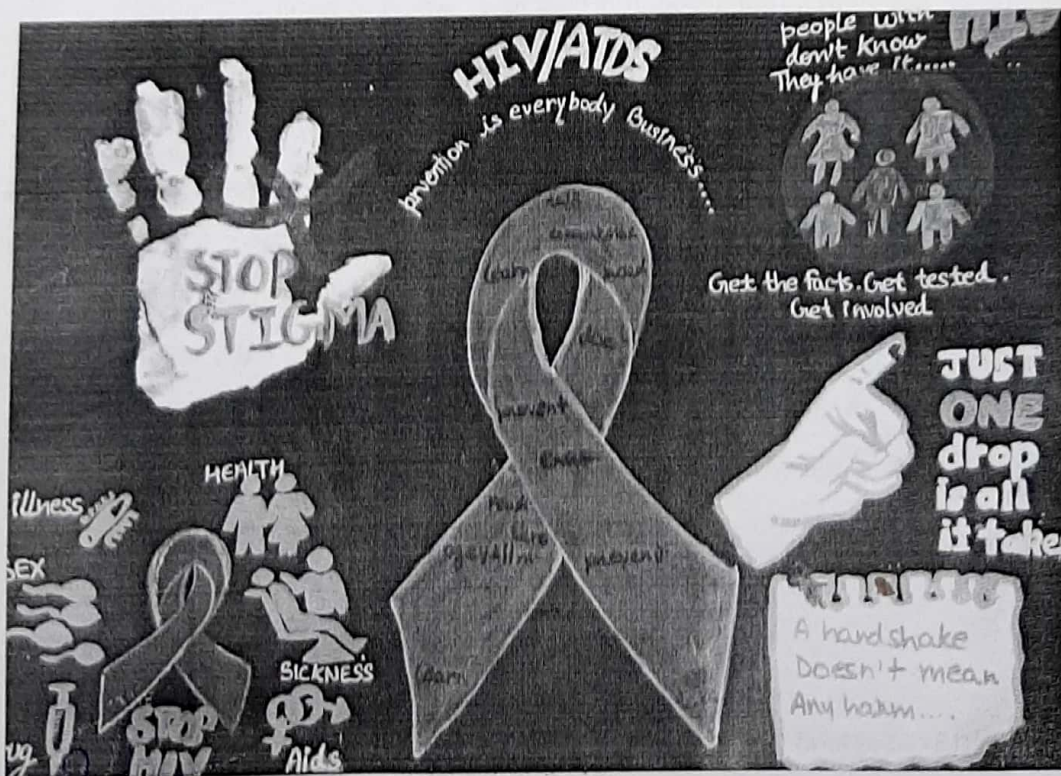

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4. Report of one day camp on the occasion of Worlds AIDS day (1st Dec,2017). conducted at Goel Institute of Higher Studies Mahavidyalaya , Lucknow.

Date: 01/12/2017

Name of Programme officer:-Mr. Rohit Dwivedi.

The 4th one day camp of NSS was conducted on 1st Dec. 2016 on the occasion of World's AIDS Day. The Students reported at 9:30 A.M in the Goel Campus and they sang NSS song. All the students made posters and slogans on the theme of "AIDS Awareness" as 'Enjoy life, take control, stop HIV/AIDS', 'Open your eyes before AIDS closes it', and 'Be beautiful! Be smart! Be stylish! But, protect yourself from HIV!' etc. and went to village "JUGGAUR" to make people aware about Aids disease. The students met to the people and talked with them about AIDS and its precautions. They Prepared reports to which they read it after returning the campus. They took their lunch and leaved the campus for their home.



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5. Report of one day camp on the occasion of Youth Day on (12th Jan 2018.)
conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

Date: 12/1/2018


Name of Programme officer:-Mr. Rohit Dwivedi.

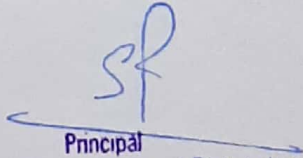
Fifth one day camp was conducted on 12th Jan 2018 (Youth Day) in the "Goel Campus". The Students gathered in the ground at 10:00 A.M. The sport teachers Mr. Sandeep Sharma and Mr. K.K. Shukla gave them tips to become fit physically and how to maintain their fitness. He told them the importance of sports in their life. The students did exercise with sport teacher for 20 minutes. After that they took refreshments.

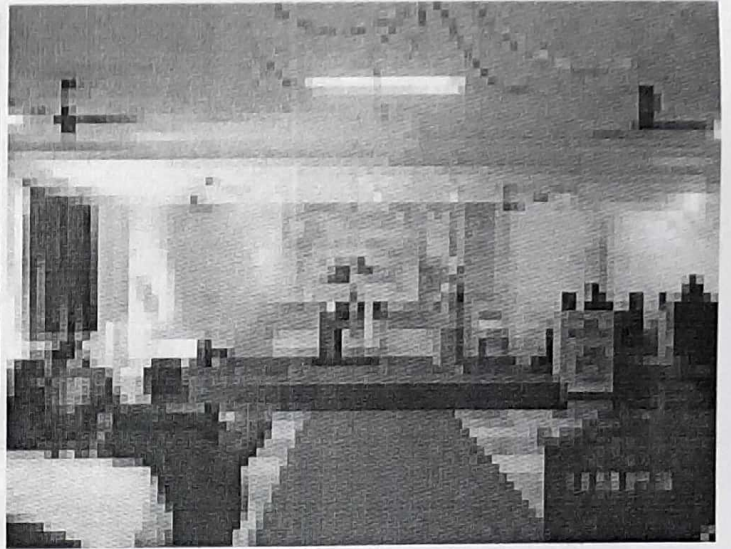
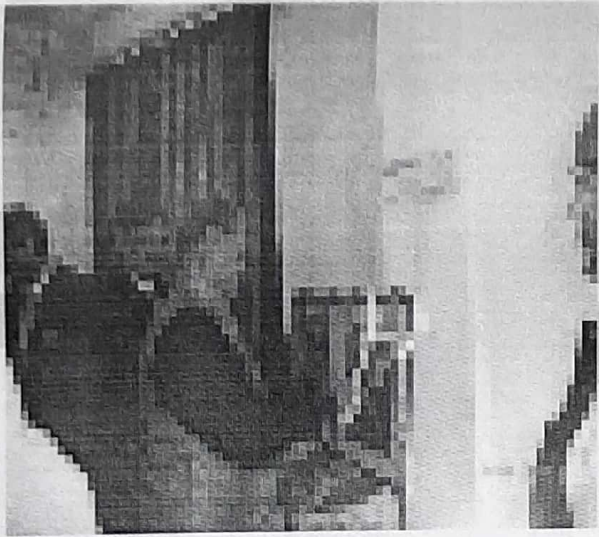
Dr. Santosh Pandey (Principal, GIHSM) told the students about Swami Vivekanand Ji and talked about his beliefs. He told them that the Government of India had declared to observe the National Youth Day every year on the birthday of Swami Vivekananda on 12th of January. It was decided by the Government of India in order to inspire all the youths of country towards the philosophy of Swami Vivekananda and his ideals. The birthday of Swami Vivekananda was decided to be celebrated as the National Youth Day to complete the aim of making better future of the country by motivating the youths through the way of life and ideas of Swami Vivekananda. It is the aim of great importance of distributing the ideas and ideals of the Swami Vivekananda among the youths of India. It is the great way to wake up the eternal energy of the youths as well as their big efforts to make the country developed.


The programme was organized in the collaboration with "BHARAT VIKAS PARISHAD". The chief guest addressed to the students making them aware with the great thoughts of Swami Vivekanand Ji. He motivated to the volunteers to follow the ideas of Swami ji and serve the society to make their valuable.


The students took an oath to help the needy and poor persons. A friendly match of kabbadi was conducted. After that they took their lunch. In the last, A motivated speech was given by programme officer, Mr. Rohit Dwivedi.


Programme Officer
National Service Scheme
Gihs Mahavidhyalaya
Lucknow


Principal
Goel Institute of Higher Studies & Mahavidyalaya 44
Near Indira Canal, Faizabad Road, Lucknow




Programme Officer
National Service Scheme
Ghs Mahavidhyalaya
Lucknow

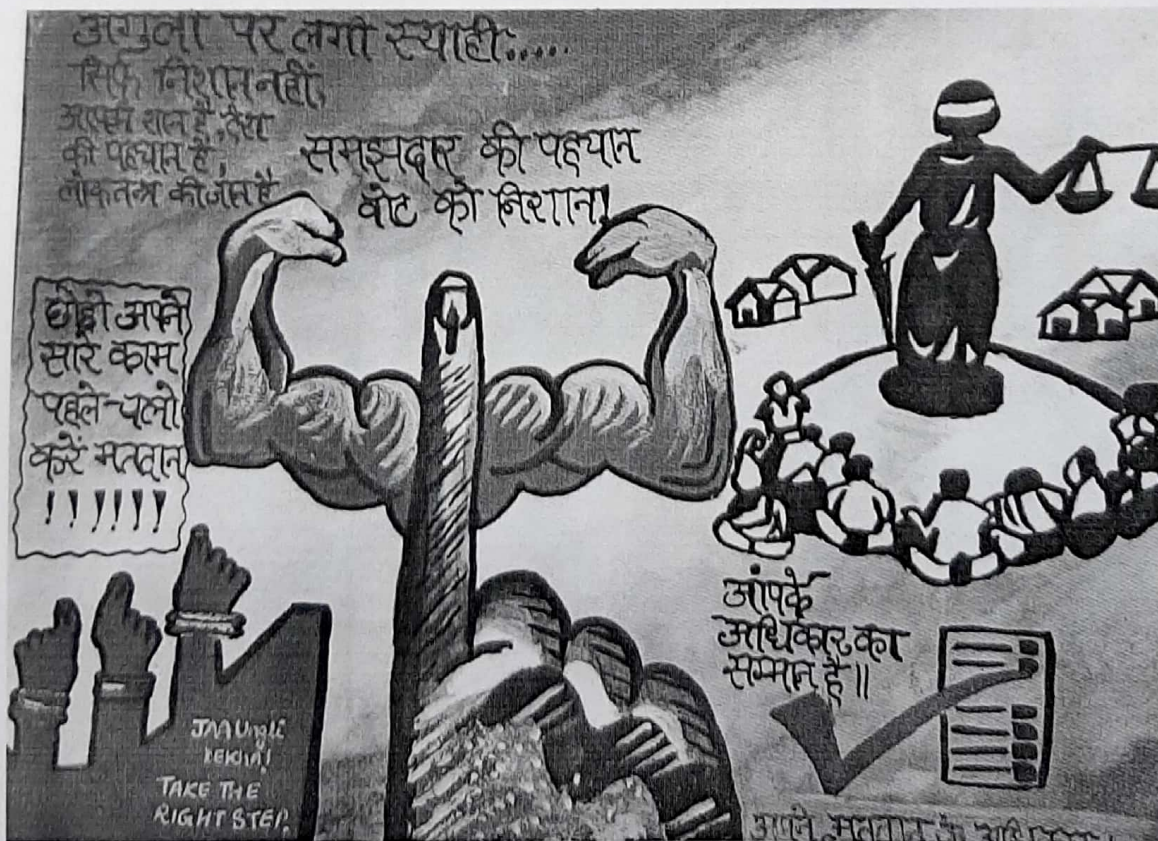

Principal
Goe Institute of Higher Studies & Mahavidyalay
Near Indira Canal, Faizabad Road, Lucknow


6. Report of one day camp on the occasion of Voters day (25th Jan. 2018) conducted in Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

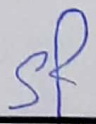
Date: 25/1/2018

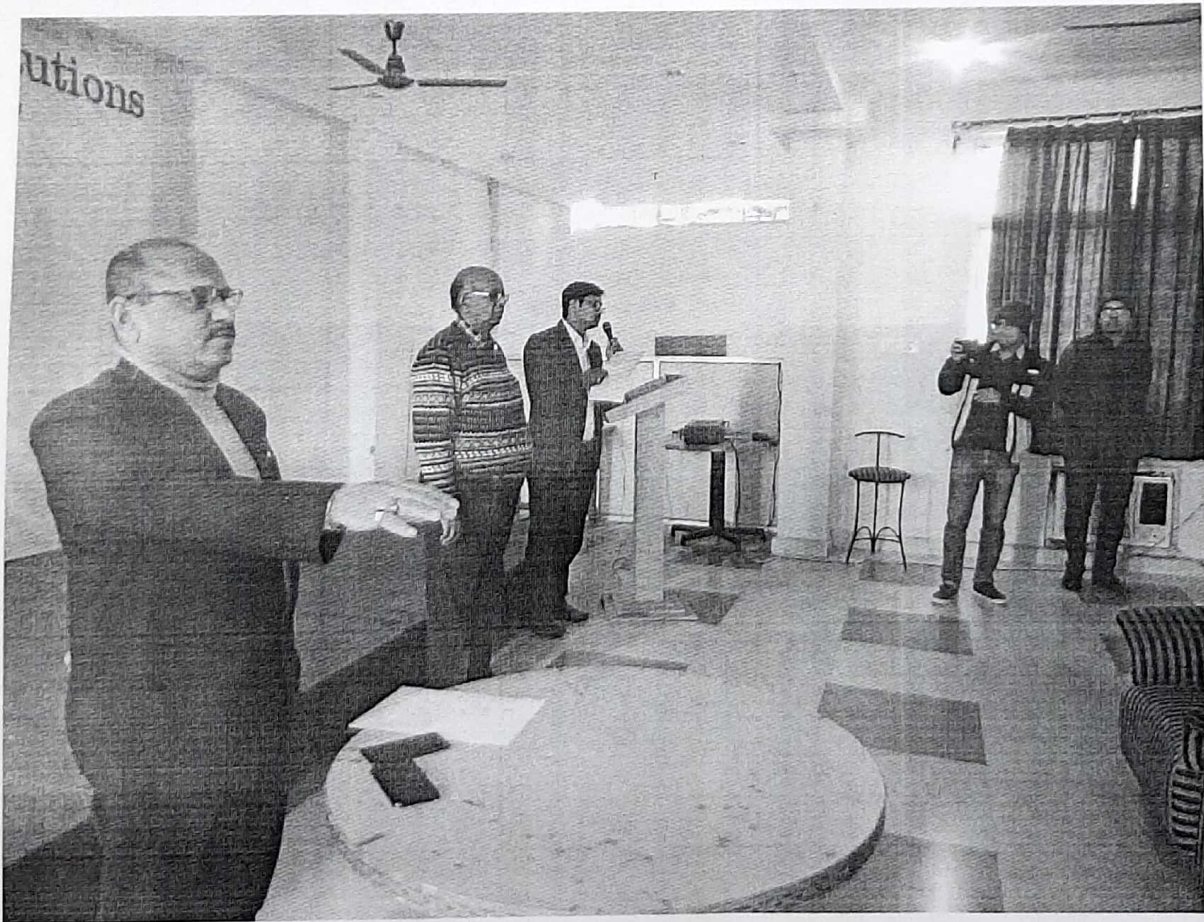
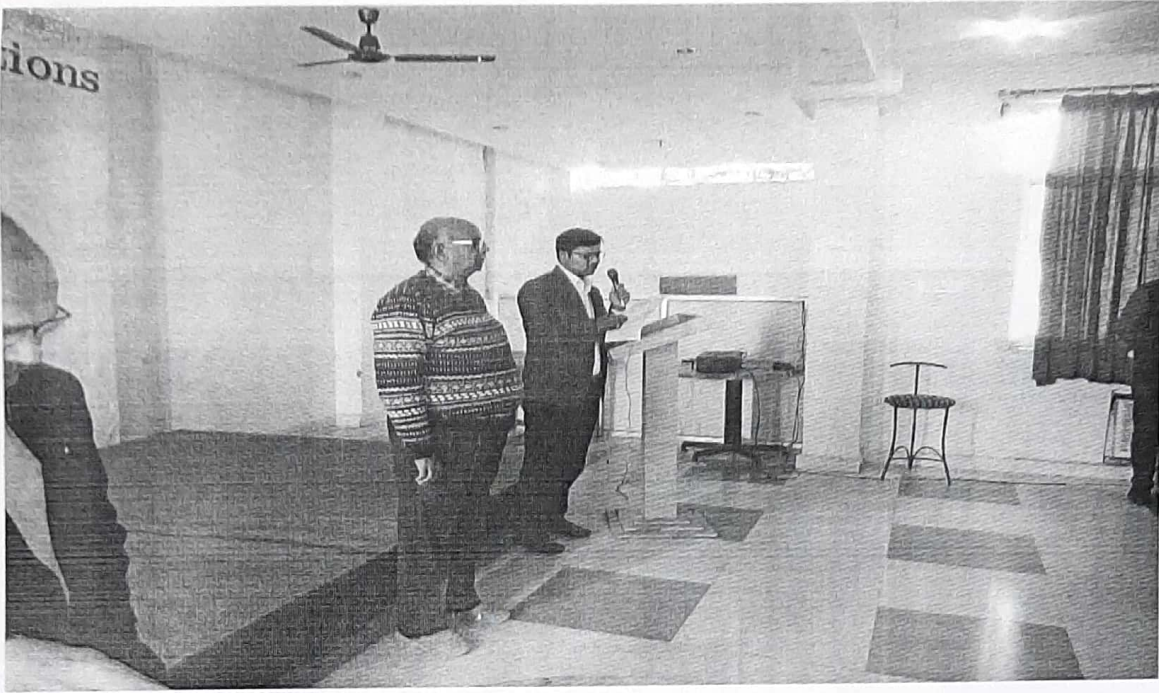
Name of Programme officer:- Mr. Rohit Dwivedi.

The 6th one day camp was conducted on 25/1/2018 on the occasion of voter's day. The students gathered in the ground of "Goel Campus" and they sang NSS song. The students made posters with various themes. They expressed their views on posters about importance of votes of the citizens of India. They were divided into groups and went to village "Anora Kala". They met to the villagers and motivated them to vote in the coming elections. They told them the value of their votes and why they should vote after that they return to Goel Campus. They took their lunch. In the last, Programme Officer Mr. Rohit Dwivedi discussed the students About their experience and motivated them.





Programme Officer
National Service Scheme
GHS Mahavidyalaya
Lucknow

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Programme Officer
National Service Scheme
Gihs Mahavidhyalaya
Lucknow

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Near Indira Canal, Faizabad Road, Lucknow

7. Report of one day camp on Occasion of Yoga Day, 21st June., 2018 at
Sanskrit Sansthan Gomti Nagar, Lucknow

Date: 21/06/2018


Name of Programme officer :- Mr. Rohit Dwivedi.


The Seventh one day programme was conducted on 21st June. 2018. The students gathered at 6:00 a.m. in the ground of Sanskrit Sansthan Gomti Nagar Lucknow. The NSS volunteers of various colleges gathered there to participate in the Yoga Programme. All the volunteers were excited to learn Yoga. Some great personality of Yoga teacher taught us how to do Yoga. They also told the benefits of Yoga in the life of human being. The true essence of Yoga revolves around elevating the life force or "KUNDALINI" at the base of spine. It aims to achieves this through a series of physical and mental exercise. At the Physical Level, The Methods Comprises Various Yoga postures or ASANAS that aim to keep body healthy. The mental technique include the breathing exercise or "PRANAYAMA" meditation or DHYANA to discipline the mind.

It was a great experience for all the volunteers.



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Programme Officer
National Service Scheme
GihS Mahavidhyalaya
Lucknow


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Near Indira Canal, Faizabad Road, Lucknow

Special Camp:

Report of Special Camp Conducted at Primary School in Papnamau from 11th March, 2018 to 17th March, 2018.

Date: 18/03/2018

Programme Officer: Mr. Rohit Dwivedi

The special camp was conducted by the NSS Volunteers of GIHS Mahavidyalaya, Lucknow at Primary School, Papnamau, Lucknow.

Dr. Santosh Pandey (Principal, GIHSM) addressed the volunteers and wished, motivated and blessed them for the success of camp.

The main objectives of this camp were to make aware to the people of village about the importance of clean environment. The theme of NSS Camp was Swachh Bharat Abhiyan, as per the guide lines of programme officer, emphasizing the dignity of labour and self-help and the need for combining physical work with intellectual pursuit and encouraging youth to participate enthusiastically in the process of national development programmers.

The first half day was spent by the students in the arrangement of all needed things. Teams were divided to cook the food and for other necessary work. In the second half day students visited the village and identified different problems of that area.

The second day, they cleaned the places nearby school. After taking lunch all the students visited the village and made a group discussion.

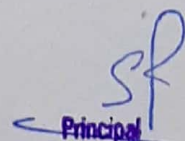
The third day as the regular day, after necessary activities we all went to the village to get data of children, their education, and during the collection of data. We had a discussion with parents and told the importance of education. We motivated them to make their children educated and a civilized person in the society. An analytical Discussion was held which converted to debate and rest of the things happened in the same manner.

The fourth day, We had our game teacher Mr. Sandeep Sharma, He highlighted the importance of sports and games in the life of students that how a student can be healthy by involving in games and sports. In the second half the students visited the village and we all cleaned the garbage from the streets. We discussed the people about the importance the cleanliness.

The fifth day, in the first half day the agenda of medical awareness was put up. All the volunteers were taught about simple vaccination and sanitary need by pharmacist Dr. Arpita. After that we visited to the village collected information about the children below 5 years who were not vaccinated with polio vaccination and rest of the other necessary vaccination. The parents who were not taking interest we all made them aware about the importance of these types of programs.



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The sixth day, the first half day we spent with the students of the school, we taught them and held several activities with them. From those activities they learnt a lot and enjoyed the learning process.


The second half day our agenda was to discuss the importance of food. Generally people throw it in dustbin while in marriages and in birth parties or at our home. We focus on how hard times a farmer grow crops ton which we buy easily from market by just paying few money. Today we came to know the value of the food.


The seventh day, the last day of the camp, we planted plants nearby the school and the few in the village. We left the village with lots of memories.

Thank You!

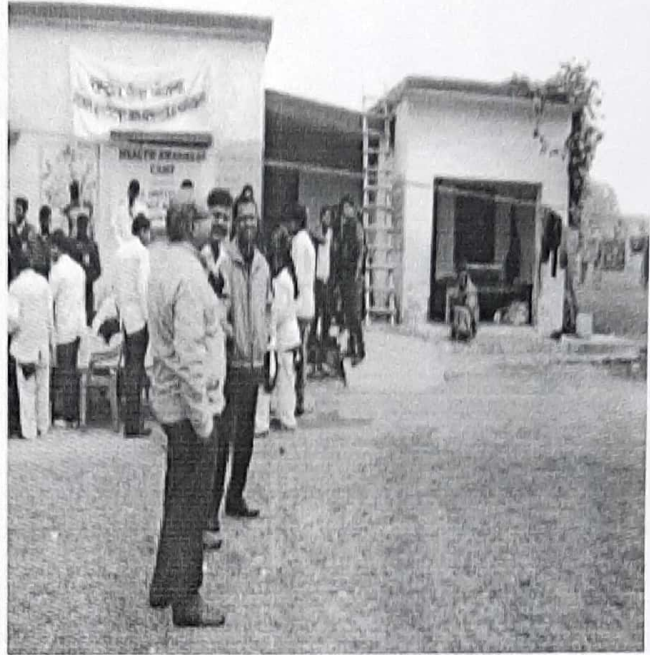
Objectives:


The main objective of this camp was to make aware to the people of village about the importance of clean environment and the vision of our prime minister Mr. Narendra Modi 'Swachh Bharat Abhiyan', and how their role is important to achieve the objectives.

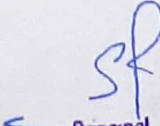

Programme Officer
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Ghs Mahavidhyalaya
Lucknow


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Near Indira Canal, Faizabad Road, Lucknow

Special Camp



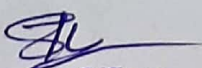

**Programme Officer
National Service Scheme
GHS Mahavidhyalaya
Lucknow**

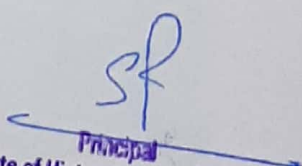

Principal
**Gen. Institute of Higher Studies & Mahavidyalaya
Near Indira Canal, Feizabad Road, Lucknow**

Extension activities

2018-19

1. Report of one day camp on the occasion of NSS day celebration conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
2. Report of one day camp on the occasion of Gandhi Jayanti (2nd October) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
3. Report of one day camp on the occasion of Children's day (14th Nov.) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
4. Report of one day camp on the occasion of World Aids day (1st Dec,2018.) conducted at Goel Institute of Higher Studies Mahavidyalaya ,Lucknow.
5. Report of one day camp on the occasion of Youth Day on (12th Jan 2019) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
6. Report of one day camp on the occasion of Voters day(25th Jan.) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.
7. Report of one day camp on the occasion of International Yoga Day(21st June.) conducted at Sanskrit Sansthan Gomti Nagar, Lucknow.


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Goel Mahavidyalaya
Lucknow

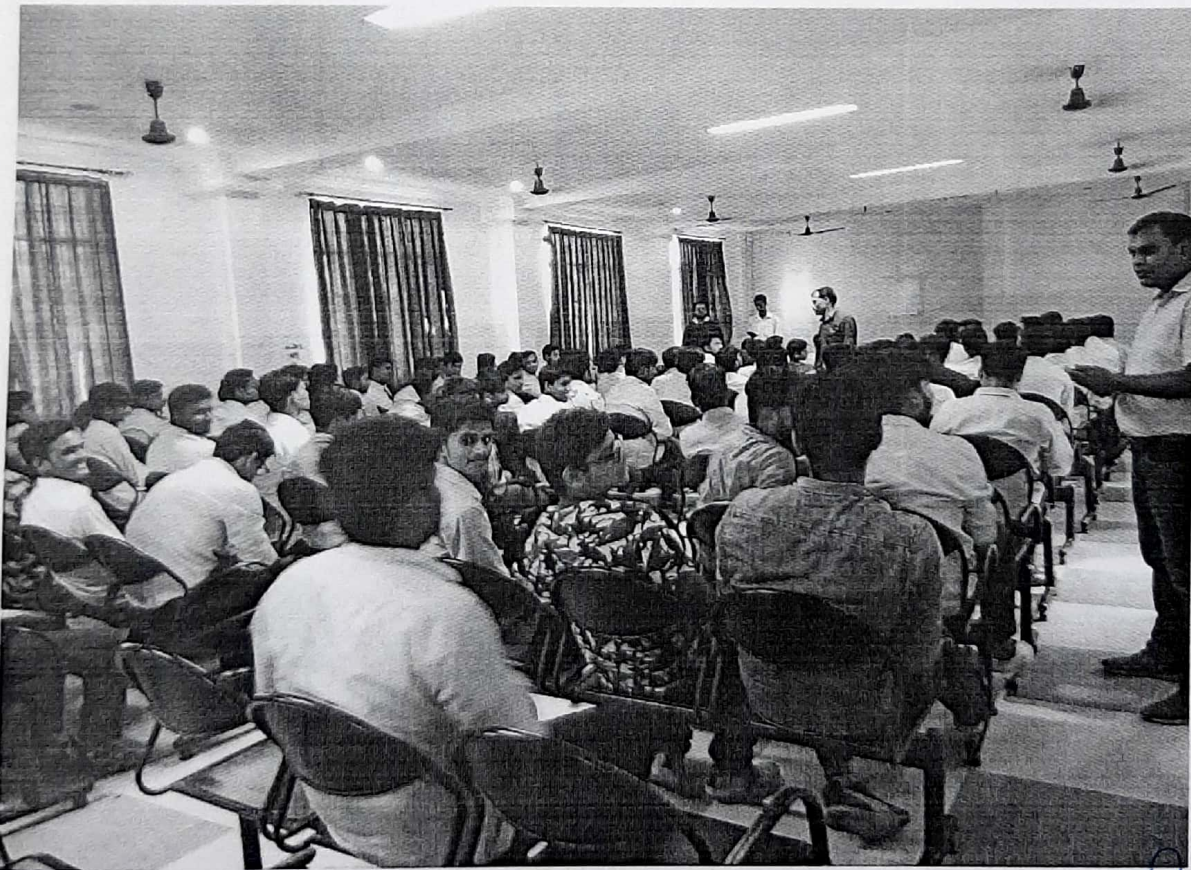

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1. Report of one day camp on the occasion of NSS day celebration conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

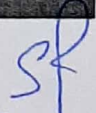
Date: 24/9/2018

Name of Program officer:-Mr. Sumit Mishra.

The first one day camp was conducted on the occasion of NSS Day. All the volunteers gathered at 9:30 A.M in the campus. Firstly, the students prayed and sang the NSS theme song. New and various types of plants were planted in the campus by the NSS students. After completing the activity they took refreshments. They also cleaned the campus. In the last Dr. Santosh Pandey (Principal, GIHS Mahavidyalaya) motivated the students by telling them the importance of social service in the life. A motivational speech was given by the programme officer and they left for their homes.




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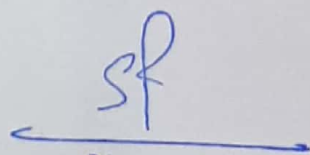
2. Report of one day camp on the occasion of Gandhi Jayanti (2nd October) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

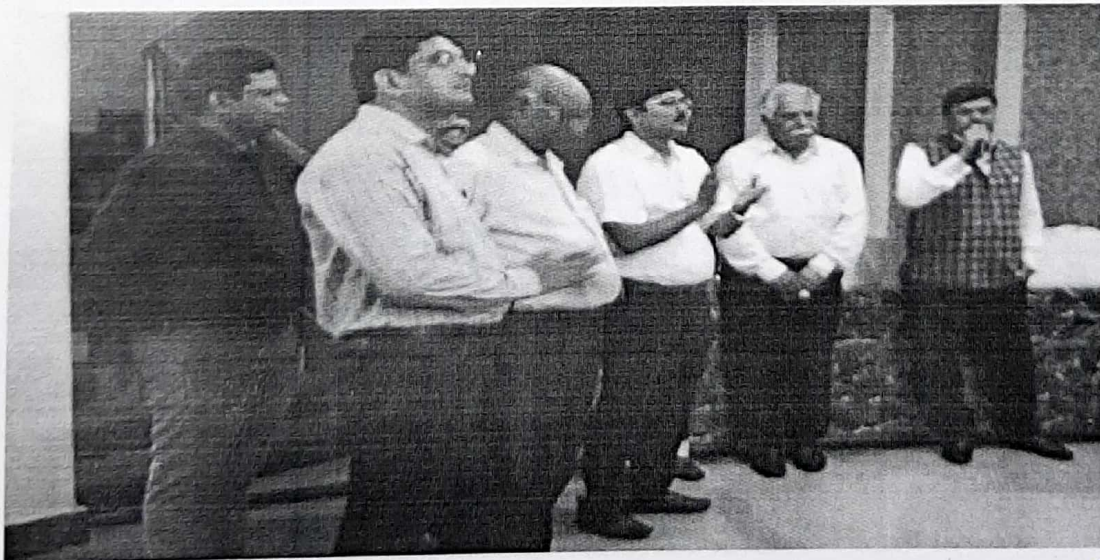
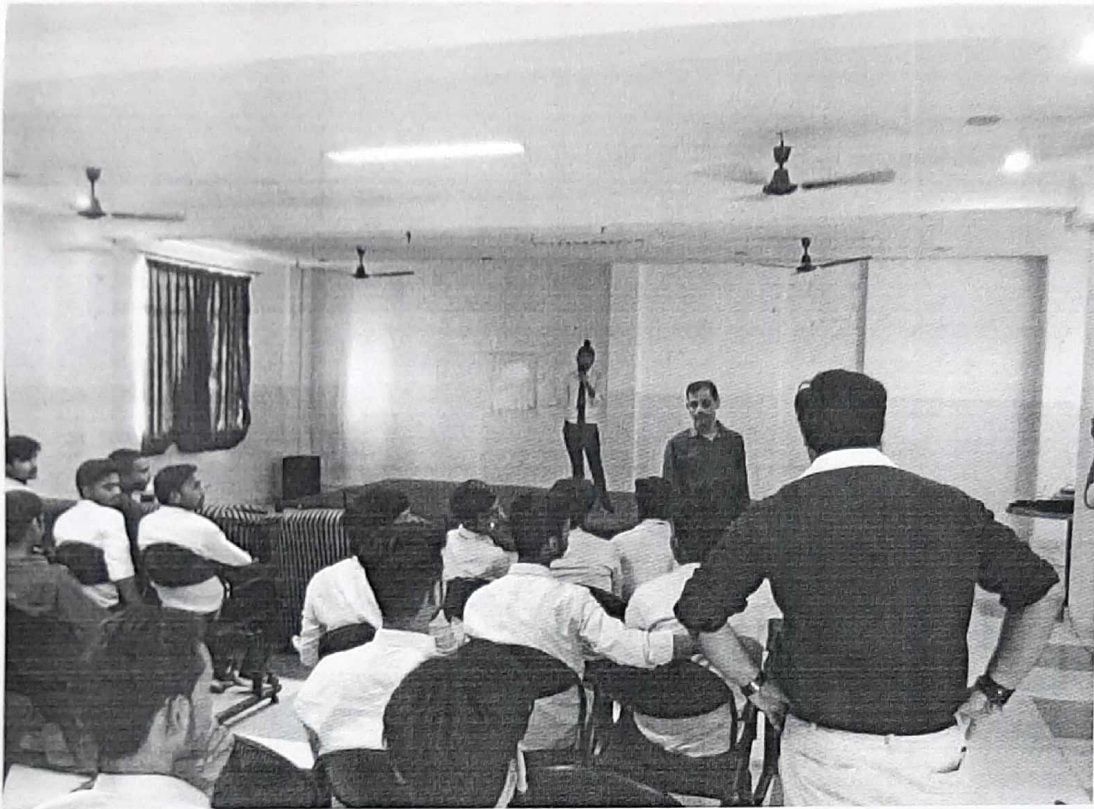
Date: 02/10/2018

Name of the Programme officer: - Mr. Sumit Mishra


On the occasion of Gandhi Jayanti, one day camp was conducted on 2nd October in the campus. All the volunteers reported at 9:00 A.M in the campus. The program was started with NSS song sung by the students in the presence of Dr. Santosh Pandey (Principal, GIHSM), Dr. A. K. Bhardwaj (Director, GITM), Dr. Amresh Gupta (Director, GIPS). Dr. Santosh Pandey addressed to the students. He made them aware about some Indian values and their importance in the society. He also told them some believes of Mahatma Gandhi. Dr. A.K. Bhardwaj & Dr. Neeraj Verma also motivated to the students and told the importance of social service in our life. The students took an oath to contribute in the mission of "Swachh Bharat Abhiyan" After that the students went for refreshments. They cleaned the campus. They were told the importance and benefits of the cleanliness. The students committed themselves for participating to make clean and green India.


Programme Officer
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Lucknow


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Programme Officer
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3. Report of one day camp on the occasion of Children's day (14th Nov.)
conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.


Date: 14/11/2018

Name of the Programme officer: - Mr. Sumit Mishra

It was 14th Nov. 2018 when the one day camp was conducted in Goel Campus on the occasion of Children's day. All the volunteers reported at 9:00A.M. in the college. First of all they gathered in the ground of the campus and sang NSS song. Dr. Santosh Pandey addressed them telling some facts of Indian History and the importance of children's day.




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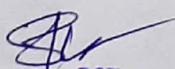
4. Report of one day camp on the occasion of World Aids day (1st Dec,2018.)
conducted at Goel Institute of Higher Studies Mahavidyalaya ,Lucknow.

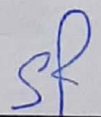
Date: 01/12/2018

Name of the Programme officer:-Mr. Sumit Mishra.

On the occasion of World's Aids Day, The 4th one day camp of NSS was conducted on 1st Dec. 2016. The Students reported at 9:30 A.M in the Goel Campus and they sang NSS song. Dr. Amresh Gupta (Director, Goel Institute Of Pharmacy and sciences) made them aware about causes and effect of the disease (Aids) and how it can be controlled. He also told some steps made by various governments in the world to control the disease. All the students made posters and slogans on the theme of "Aids Awareness". After the activity, They took refreshment. All the volunteers were divided into three groups and they went to village to make people aware about Aids disease. After few hours, they returned to campus and took their lunch. At the end of the program, the students shared their experience with other groups and with the program officer about the activity at the village. The students were motivated by the program officer.




Programme Officer
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Lucknow



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Near Indira Canal Faizabad Road, Lucknow

5. Report of one day camp on the occasion of Youth Day on (12th Jan 2019.)
conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.


Date: 12/1/2019

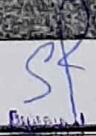
Name of the Programme officer:-Mr. Sumit Mishra.

Fifth one day camp was conducted on 12th Jan 2017 (Youth Day) in the "Goel Campus". The Students gathered in the ground at 09:00 A.M . They sang NSS song .The sport teachers Mr. Sandeep Sharma and Mr. Krishna Kumar Shukla gave them tips to become fit physically. They told them that the fitness can be maintained through regular sports and with the help of sport good health can be maintained. The students did exercise with sport teachers for 45 minutes. Mr. Sandeep Sharma explained the rules of some games. After that they took refreshments. An effective and motivational speech was given by Dr. Santosh Pandey (Principal, GIHSM). He told them some key words of success. A friendly match of volleyball was played. After that they took their lunch. In the end of the program, a motivational speech was given by programme officer Mr. Rohit Dwivedi.



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6. Report of one day camp on the occasion of Voters day(25th Jan.)
conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

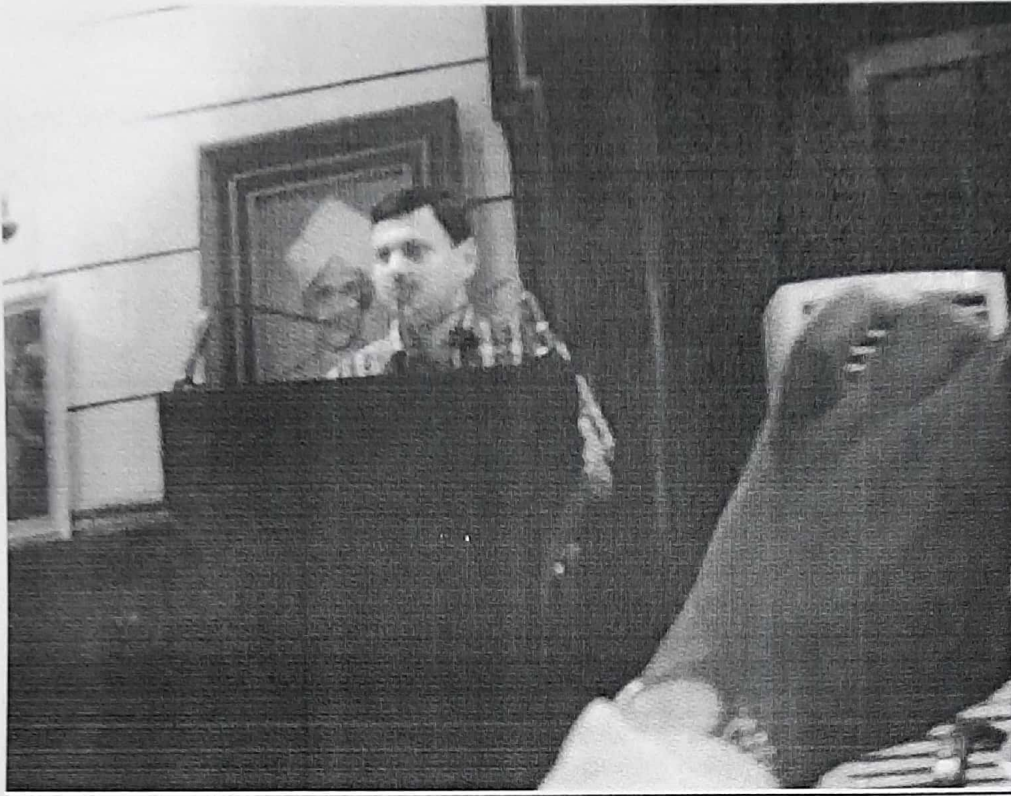
Date: 25/1/2019


Name of Programme officer:- Mr. Sumit Mishra

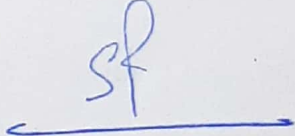
The 6th one day camp was conducted on 25/1/2019 on the occasion of voter's day in the collaboration with university of lucknow and State Election Board UP. The students gathered in the ground of "Goel Campus" and they sang NSS song. The students went to university of lucknow to participate in the programme. They got opportunity to listen the views of District magistrate lucknow, and other officers from UP State Election Board. They motivate the volunteers to motivate the family members, Neighbors, and villagers to vote in the coming election. They also motivate the volunteers to take active part in the elections and to help the old persons to reach on the polling booth. The Volunteers were very happy and motivated after the programme.


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Lucknow



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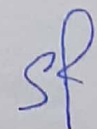
7. Report of one day camp on the occasion of Yoga Day (21st June 2019)
conducted at Sanskrit Sansthan Gomti Nagar Lucknow.

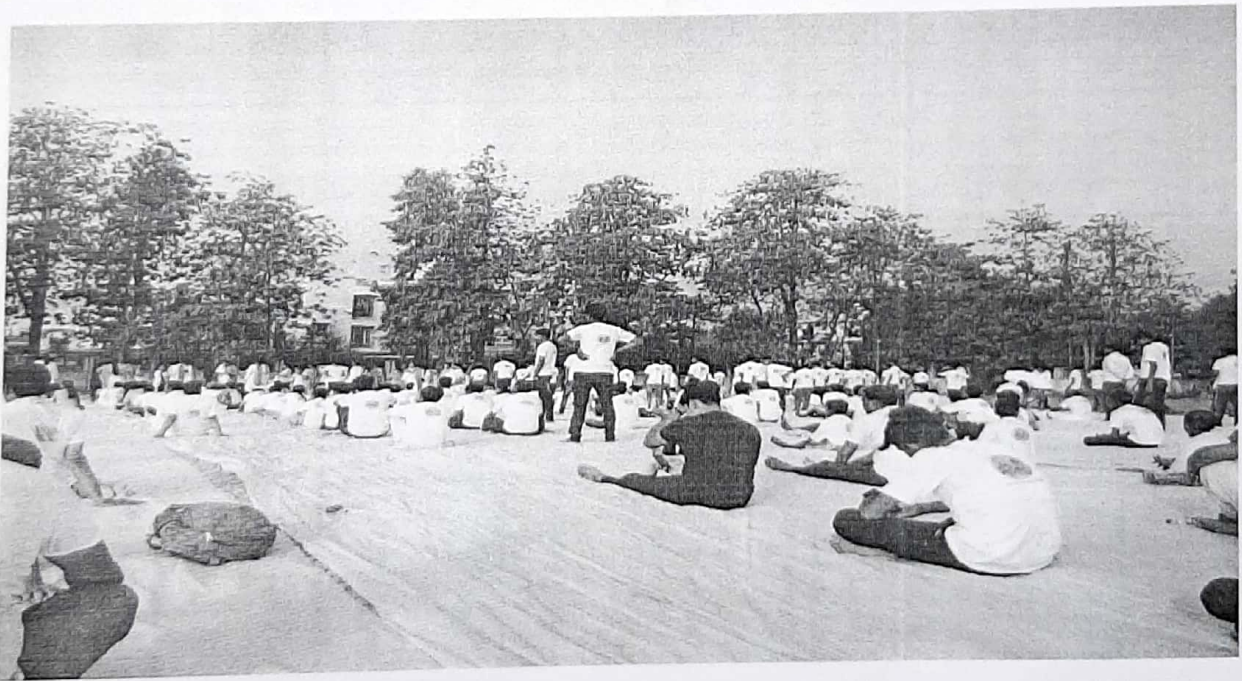
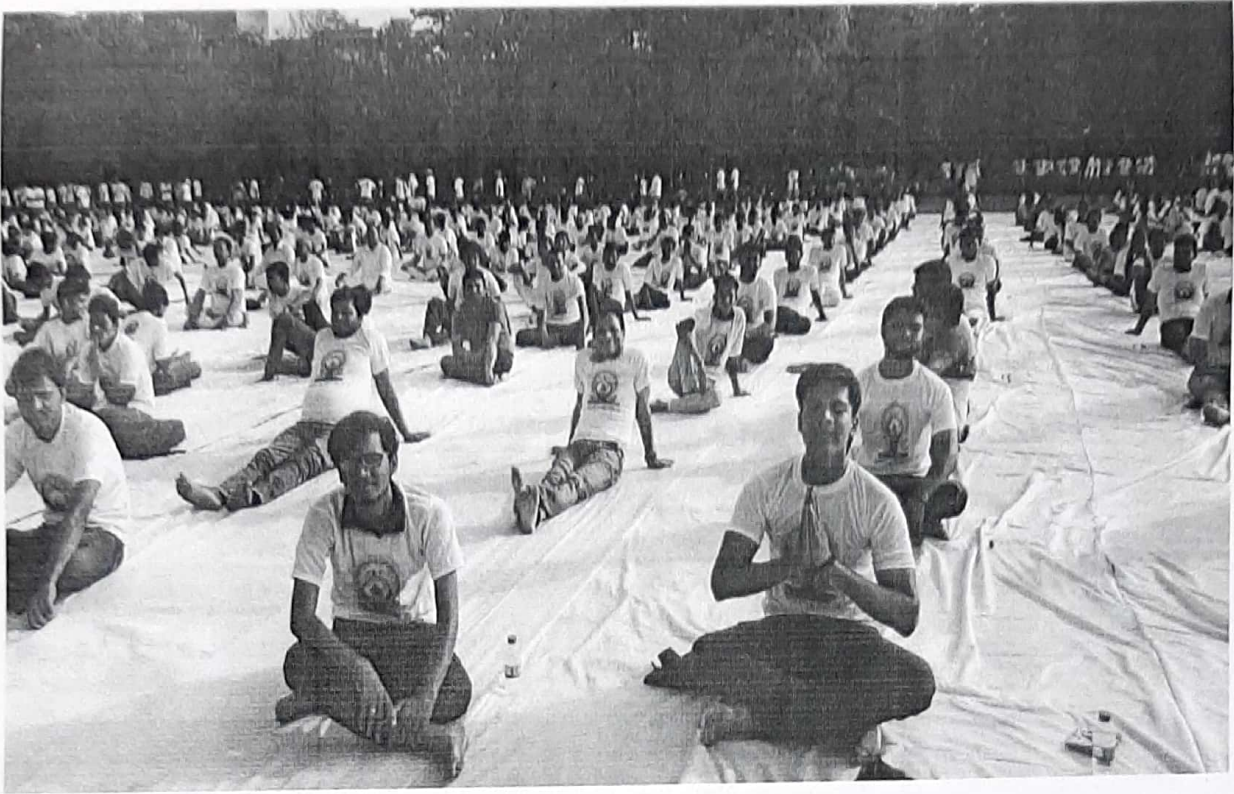
21/06/2019


Name of the Programme officer :- Mr. Sumit Mishra

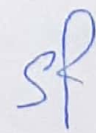
The Seventh one day program was conducted on 21st June 2019. The students gathered at 6:00 a.m. in the ground of Sanskrit Sansthan. The program officer gave them instructions. After some time the YOGA GURU arrived and told us many valuable things related to Yoga. As oga is a physical and mental health system practices for thousands of years, originally in India, its place of origin and now increasingly throughout the globe. One of the features of its popularity is the fact that even doctors are advising patients on the worth of yoga and it is being intensively studied by scientists. In a nutshell, yoga calms and relaxes both mind and body and uplifts the spirit. It is an exceptional discipline for getting well and keeping healthy. Yoga is a physical and mental health system practices for thousands of years, originally in India, its place of origin and now increasingly throughout the globe. One of the features of its popularity is the fact that even doctors are advising patients on the worth of yoga and it is being intensively studied by scientists. In a nutshell, yoga calms and relaxes both mind and body and uplifts the spirit. It is an exceptional discipline for getting well and keeping healthy. We do some Asanas and felt relaxed in our body. The volunteers were very happy to learn yoga Asanas. We took referehment and return our homes.


Program Officer
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Lucknow


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Govt. Institute of Higher Studies & Research
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Lucknow


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Near Indira Canal, Faizabad Road, Lucknow

Special Camp:

Report of Special Camp Conducted at Senior Secondary School in Anoura Kala from 15th March, 2019 to 21st March, 2019.

Programme Officer: Mr. Sumit Mishra

The special camp was conducted by the students of GIHS Mahavidyalaya, Lucknow in Senior Secondary School, Anourakala, Lucknow.

Dr. Santosh Pandey (Principal, GIHSM) addressed the volunteers and wished, motivated and blessed them for the success of camp.

The main objectives of this camp were to make aware to the people of village about the importance of clean environment and the importance of education to make a civilized society.

The first half day was spent by the students in the arrangement of all needed things. In the second half day students visited the village and identified different problems of that area.

The second day, all the students gathered in the field of school for prayer. They took the breakfast. They cleaned the places nearby school. After taking lunch all the students visited the village and read out their working of the day.


The third day as the regular day, after necessary activities we all went to the village to get data of children, their education, and during the collection of data. We had a discussion with parents and told the importance of education. We motivated them to make their children educated.

The fourth day, we had our game teacher Mr. Sandeep Sharma, he highlighted the importance that how a student can be healthy by involving in games and sports. In the second half the students visited the village and we all cleaned the garbage from the streets. We discussed the people about the importance of the cleanliness.

The fifth day, in the first half day the agenda was to make aware to the people of the village about controlling of population and its benefits. The second half day medical awareness was put up. All the volunteers were taught about simple vaccination and sanitary need by pharmacist Dr. Arpita. After that we visited the village collected information about the children below 5 years who were not vaccinated with polio vaccination and rest of the other necessary vaccination. The parents who were not taking interest we all made them aware about the importance of these types of programs.

In the second half Mr. A.K. Dixit, Advocate high court, Lucknow had conducted a training program on the basic legal rights & awareness.

The sixth day, the first half day we spent with the students of the school, we taught them and held several activities with them. From those activities they learnt a lot and enjoyed the learning process.


Programme Officer
National Service Scheme
Gihs Mahavidhyalaya
Lucknow


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Goe Institute of Higher Studies & Mahavidyalay
Near Indira Canal, Faizabad Road, Lucknow

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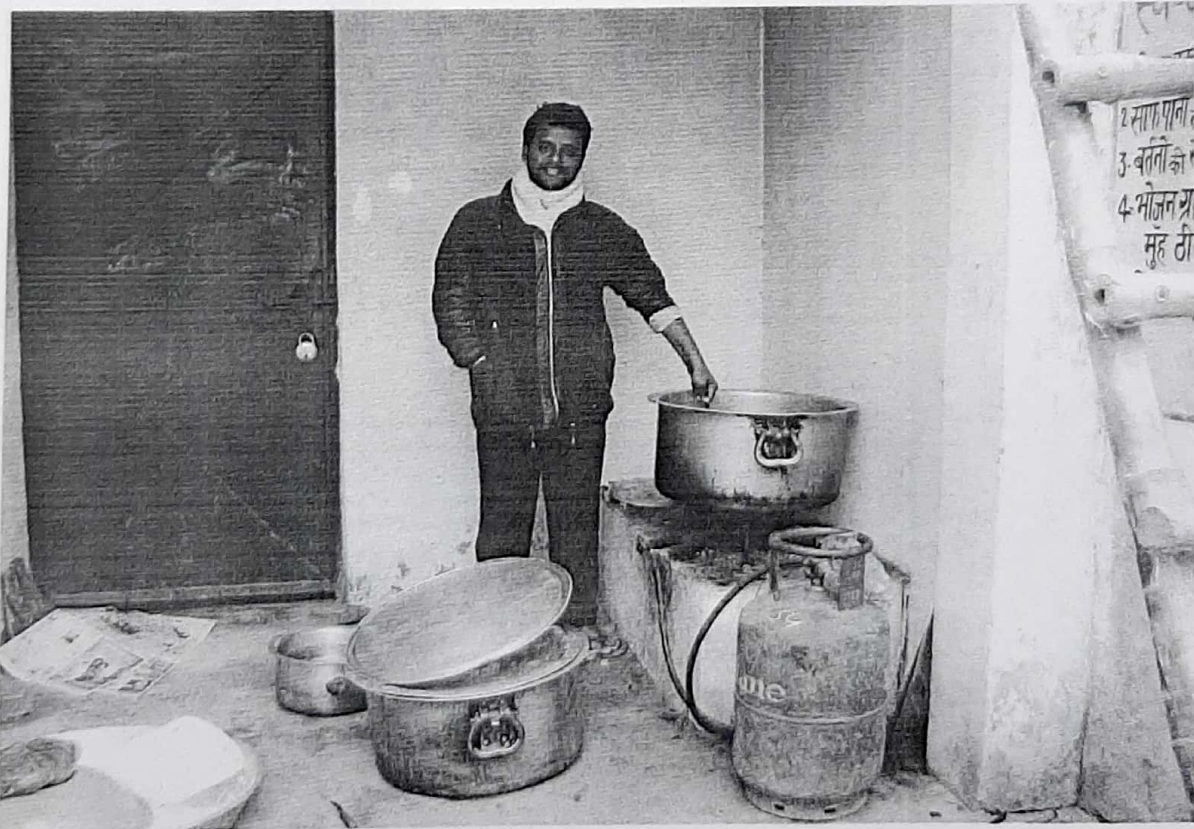
The second half day our agenda was to discuss the importance of food. Generally people throw it in dustbin while in marriages and in birth parties or at our home. We focus on how hard times a farmer grow crops to which we buy easily from market by just paying little money. Today we came to know the value of the food.


The seventh day, the last day of the camp, we planed many different types of plants nearby the school and in the few of the village. We all were thinking about them how they manage their lives with limited facilities. They are real managers of resources.

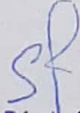
Thank You!

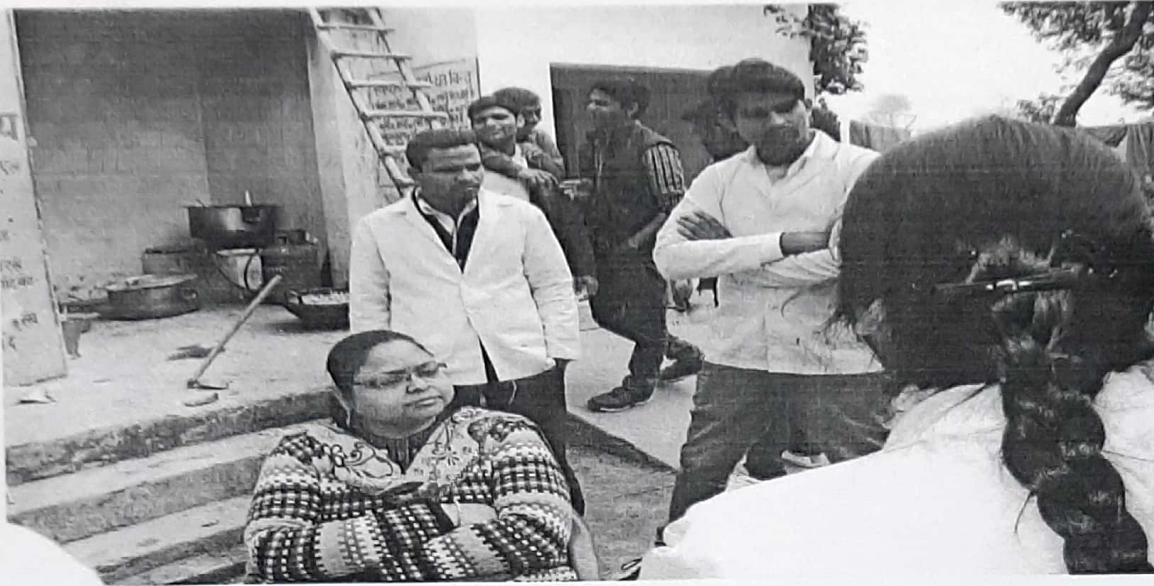
Objectives:

The main objective of this camp was to make aware to the people of village about the importance of clean environment and the vision of our prime minister Mr. Narendra Modi 'Swachh Bharat Abhiyan', and how their role is important to achieve the objectives.





Program Officer
National Service Scheme
GihS Mahavidhyalaya
Lucknow


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Goe Institute of Higher Studies & Mahavidyalaya
Near Indira Canal, Faizabad Road, Lucknow




**Programme Officer
National Service Scheme
Ghs Mahavidhyalaya
Lucknow**


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Goe Institute of Higher Studies & Mahavidyalay
Near Indira Canal, Faizabad Road, Lucknow

Extension activities

2019-20


1. Report of one day camp on the occasion of NSS Day celebration (24/09/2019) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

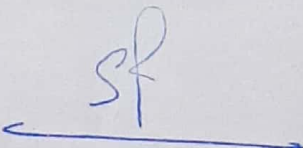
Date: 24/9/2019

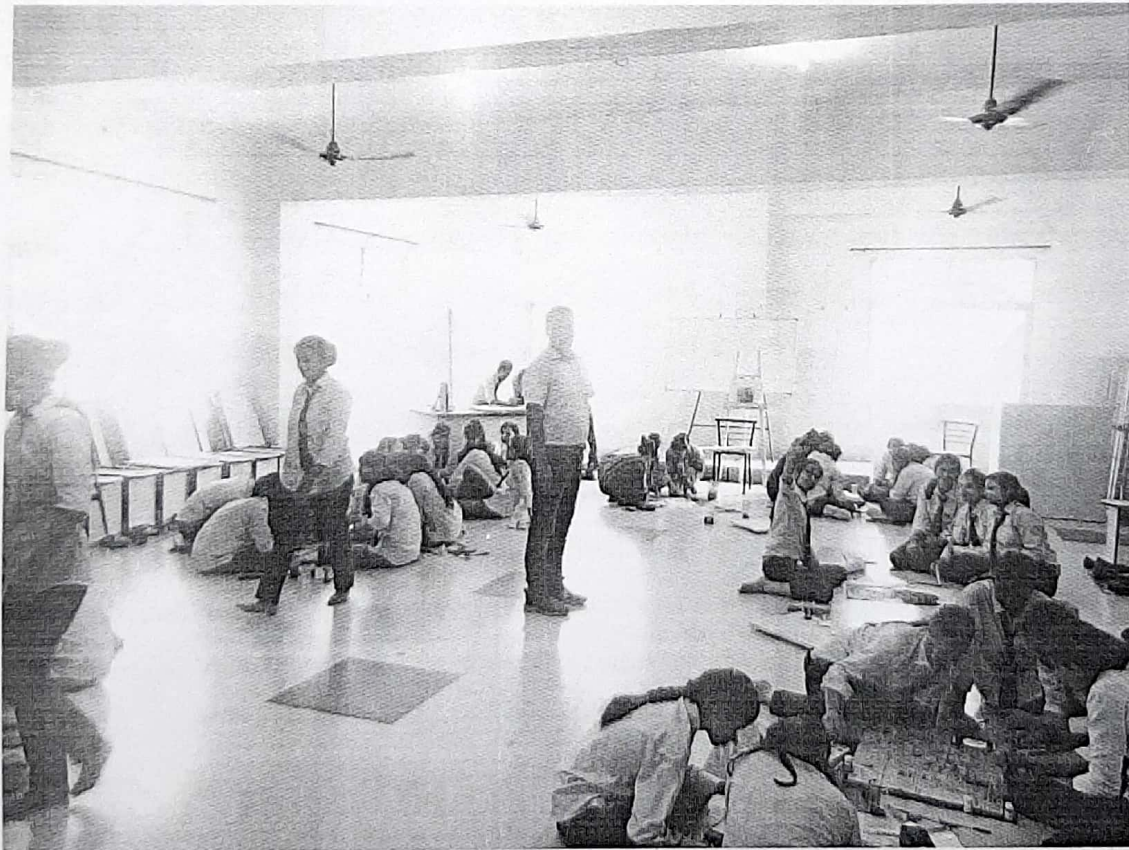
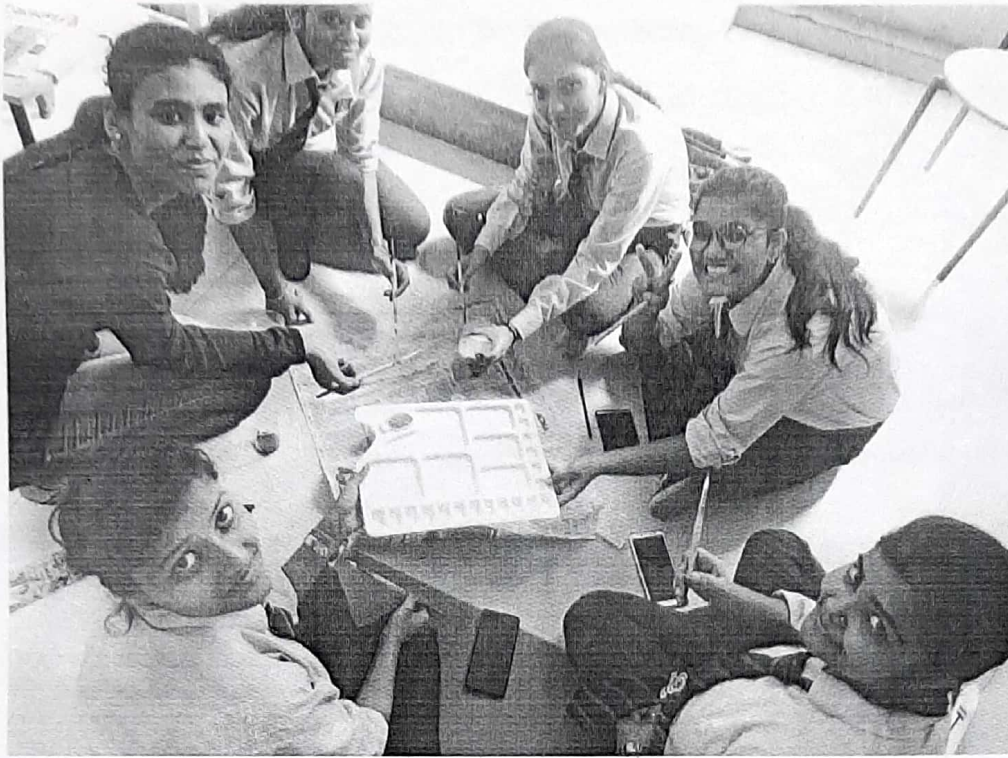
Name of Programme officer:-Mr. Sumit Mishra


All the volunteers gathered at 9:30 A.M in the campus .The students sang the NSS theme song. Poster making competition was organized among the volunteers on the theme of their choice. Prizes were also distributed to encourage them. After completing the activity they took refreshments. In the last the students gathered and a motivational speech was given by the programme officer and they left for their homes.

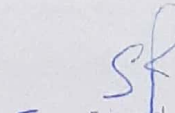



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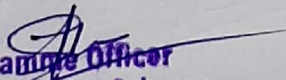
2. Report of one day camp on the occasion of Gandhi Jayanti (2nd October, 2019) conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

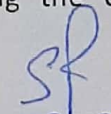
Date: 02/10/2019

Name of Programme officer: - Mr. Sumit Mishra

It was 2nd October when one day camp was conducted in the campus. All the volunteers reported at 9:30 A.M on this occasion. Dr. Santosh Pandey (Principal, GIHSM), Dr. A. K. Bhardwaj (Director, GITM), Dr. Niraj Verma (Director, GIPS) were present. The programme started with NSS song sung by the girls and the boys in the camp. Dr. Santosh Pandey addressed to the students telling about the importance of 2nd October and Gandhiji was the man of simple living and high thinking which has been set as an example to us. He was very against to the smoking, drinking, untouchability, and non-vegetarianism. He was the pioneer of truth and non-violence who started the Satyagraha movement for India's freedom. He shared one of his great thoughts: "Live as if you were to die tomorrow. Learn as if you were to live forever.", Dr. A.K. Bhardwaj & Dr. Niraj Verma also motivated to the students and told the importance of social service in our life. Some girls sang a melodious favorite song of Gandhi Ji 'Raghupati Raghav Raja Ram Patit Pawan Sita Ram...' After that the students took the refreshments. They cleaned the campus on the occasion of "Swachh Bharat Abhiyan". They were told the importance and benefits of the cleanliness.

Programme Officer Mr. Sumit Mishra Addressed to the students telling them that *Swachh Bharat Abhiyan* is a campaign launched by the Prime Minister, Narendra Modi as a nationwide cleanliness campaign. It is implemented to fulfill the vision and mission of clean India a day. It was launched especially on the birth anniversary of the Mahatma Gandhi as he was dreamed and very keen to make this country a clean country. The aim of the mission is to cover all the rural and urban areas of the country to present this country as an ideal country before the world. The mission has targeted aims like eliminating the open defecation, converting insanitary toilets into pour flush toilets, eradicating manual scavenging, complete disposal and reuse of solid and liquid wastes, bringing behavioural changes to people and motivate health practices, spreading cleanliness awareness among people, strengthening the cleanliness

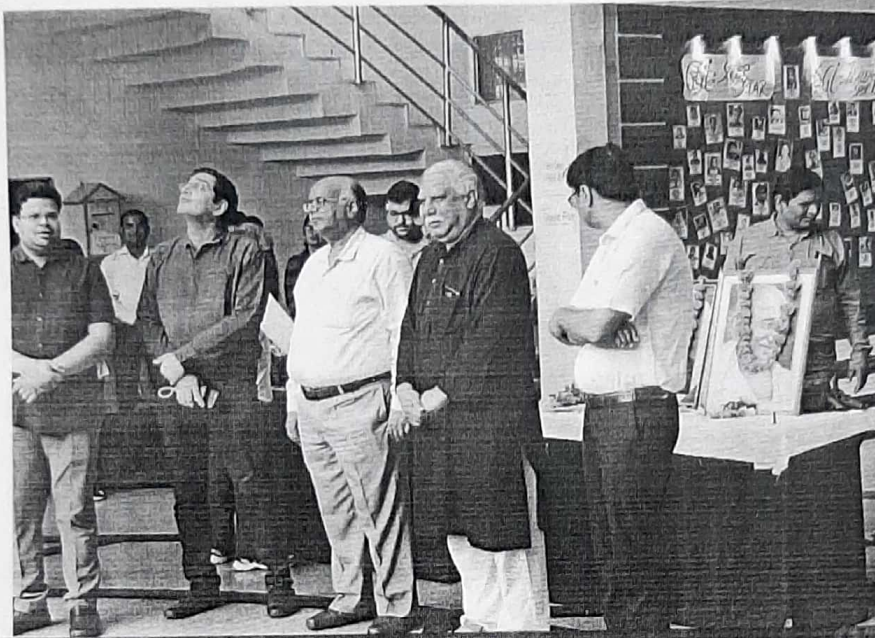

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systems in the urban and rural areas as well as creating user friendly environment for all private sectors interested for investing in India for cleanliness maintenance.

The students took an oath to contribute to make India a clean country and follow to Non-Violence.



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3. Report of one day camp on the occasion of Children's day (14th November), conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

Date: 02/11/2019

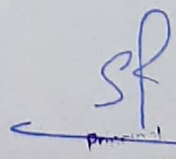
Name of Programme officer: - Mr. Sumit Mishra

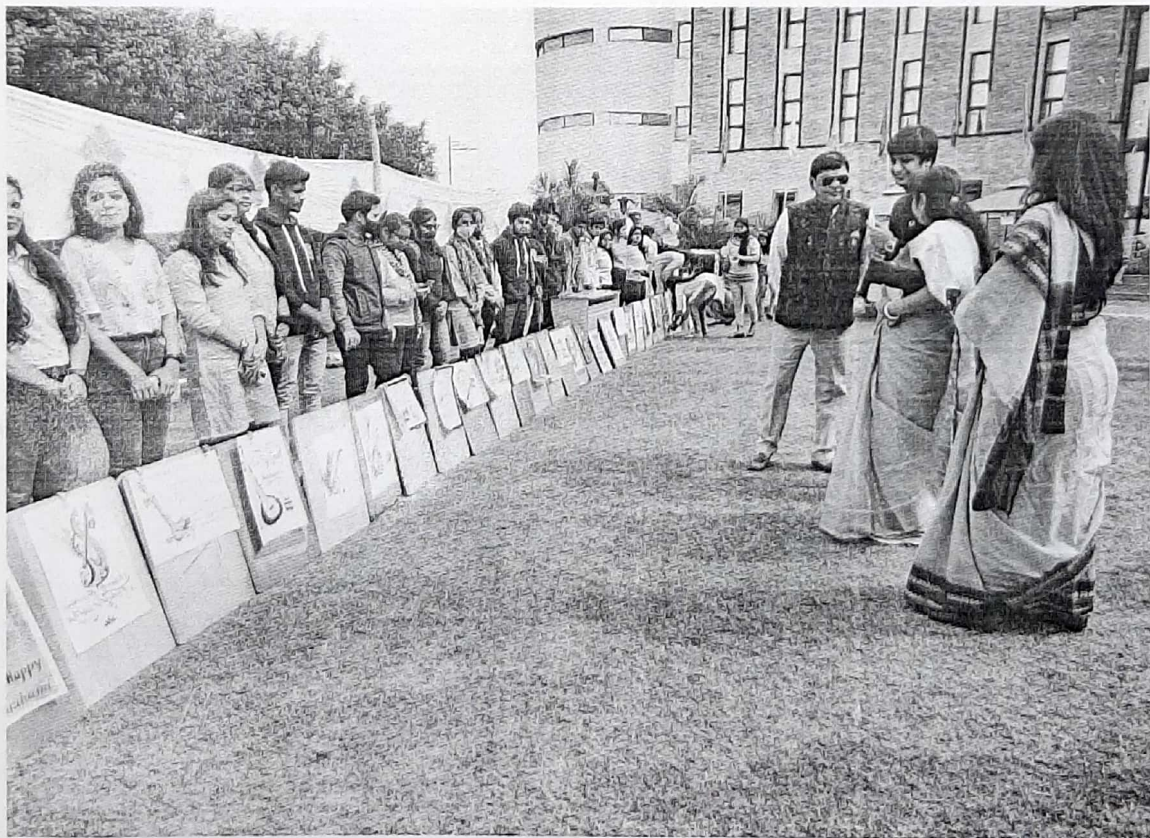
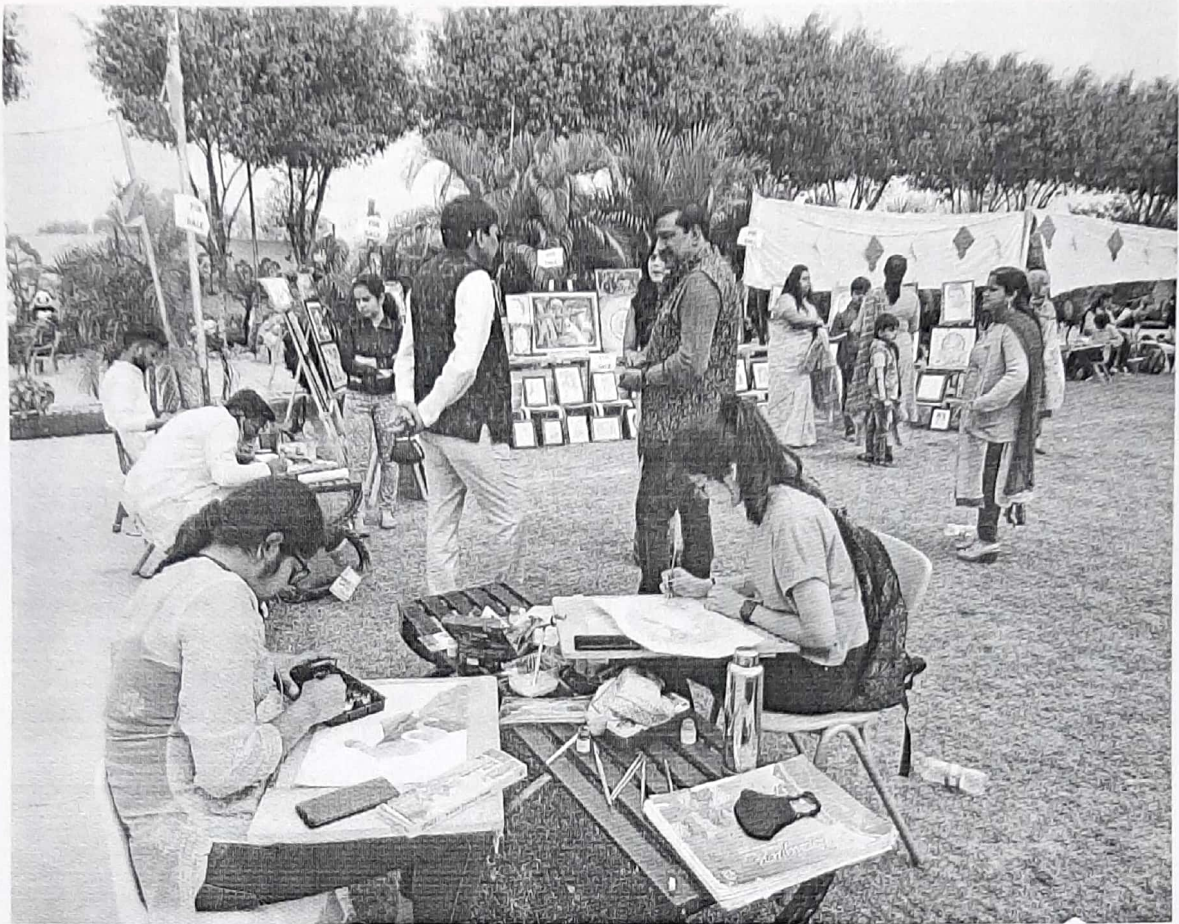
On 2nd October, one day camp was conducted in the campus. All the volunteers reported at 9:00 A.M on this occasion. Addressing to the students Dr. Santosh Pandey (Principal, GIHSM), told that prior to 1964, India celebrated Children's Day on 20 November, which was observed as the universal Children's Day by the United Nations. But after death of Pt. Jawahar Lal Nehru in 1964, it was unanimously decided to celebrate his birthday as Bal Diwas in the country due to his love and affection towards children. Jawaharlal Nehru once said "The children of today will make the India of tomorrow. The way we bring them up will determine the future of the country". Keen on the development and education of children in the country, Pandit Nehru oversaw the establishment of some of the most prominent educational institutions in India. Apart from his role as a freedom fighter and politician, Pandit Nehru has left behind a legacy of education and development of children in the country, and November 14 is celebrated as a tribute to him.


Dr. A. K. Bhardwaj (Director, GITM), Dr. Niraj Verma (Director, GIPS) were present. The programme started with NSS song sung by the girls and the boys in the camp. Dr. A.K. Bhardwaj & Dr. Niraj Verma also motivated to the students and told the importance of social service in our life. After that the students took the refreshments.


We decided to organize the painting competition for all students. The competition has a open theme to express their view on any issue what they are feeling. They enjoyed a lot while drawing and learning at the same time. At the last we have decided to selected best drawings among them to reward and encourage students.


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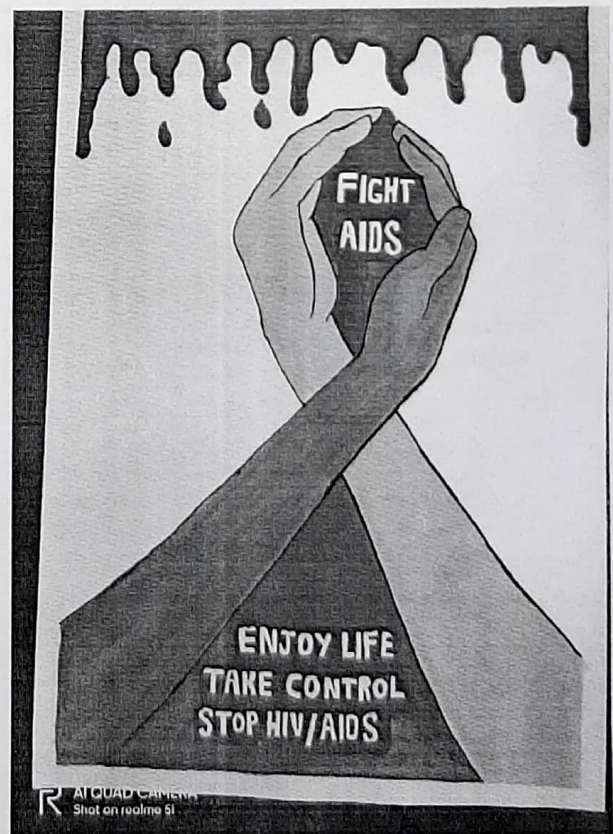
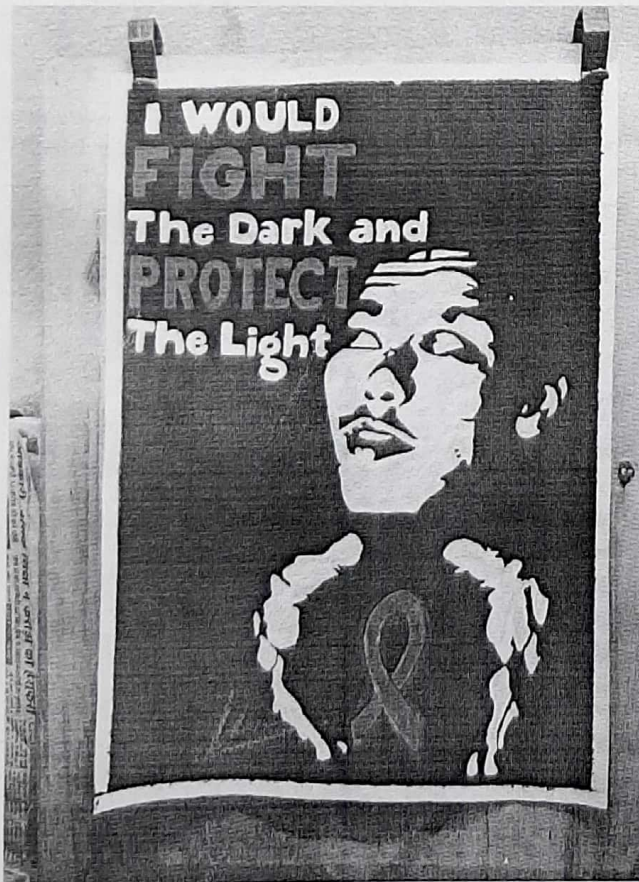

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4. Report of one day camp on the occasion of Worlds AIDS day (1st Dec,2019.) conducted at Goel Institute of Higher Studies Mahavidyalaya , Lucknow.


Date: 01/12/2019

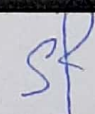
Name of Programme officer:-Mr.Sumit Mishra

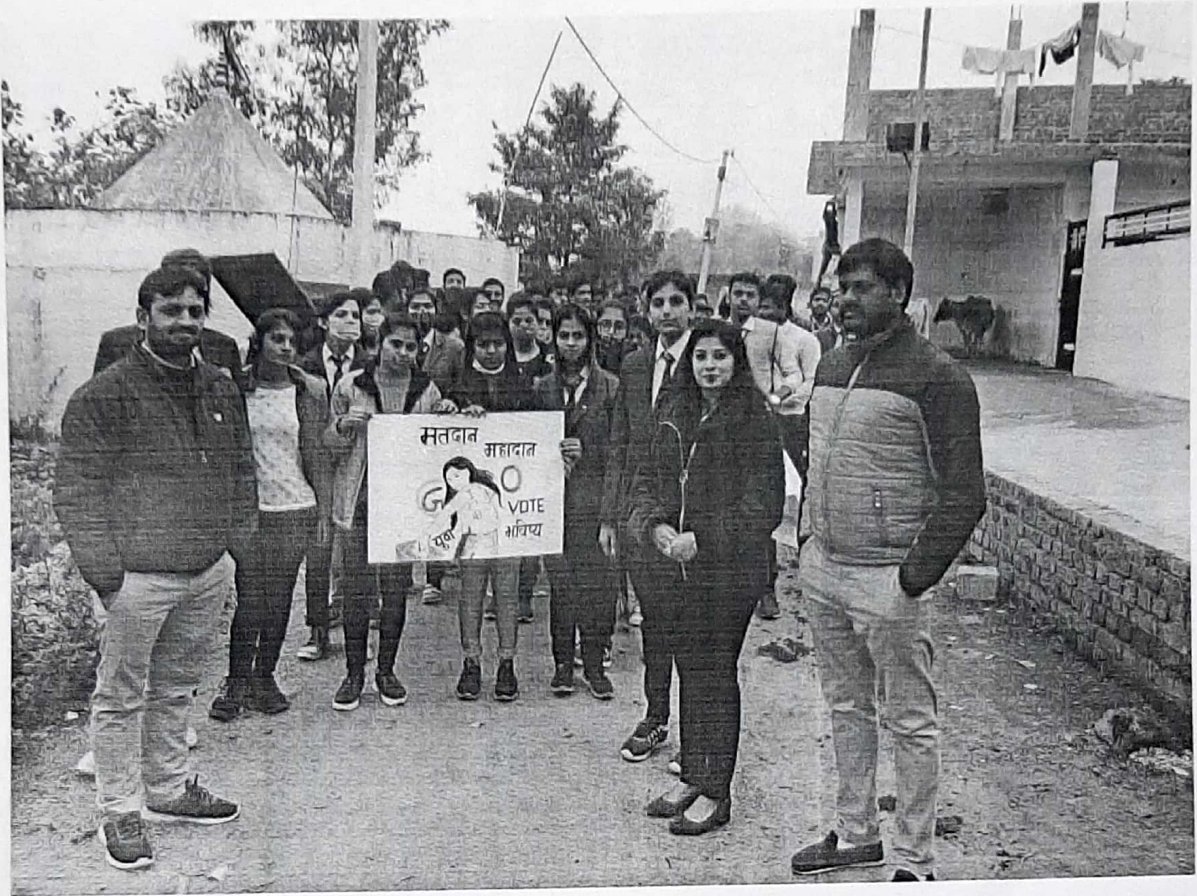
The 4th one day camp of NSS was conducted on 1st Dec. 2019 on the occasion of World's AIDS Day. The Students reported at 9 A.M in the Goel Campus and they sang NSS song. All the students made posters and slogans on the theme of "AIDS Awareness" as 'Enjoy life, take control, stop HIV/AIDS', 'Open your eyes before AIDS closes it', and 'Be beautiful! Be smart! Be stylish! But, protect yourself from HIV!' etc. and went to village to make people aware about Aids disease. The students met to the people and talked with them about AIDS and its precautions. They Prepared reports to which they read it after returning the campus. They took their lunch and leaved the campus for their home.




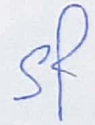
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5. Report of one day camp on the occasion of Youth Day on (12th Jan 2020.)
conducted at Goel Institute of Higher Studies Mahavidyalaya, Lucknow.


Date: 12/1/2020


Name of Programme officer:-Mr. Sumit Mishra

Fifth one day camp was conducted on 12th Jan 2018(Youth Day) in the "Goel Campus". The Students gathered in the ground at 10:00 A.M. The sport teachers Mr. Sandeep Sharma and Mr. K.K. Shukla gave them tips to become fit physically and how to maintain their fitness. He told them the importance of sports in their life. The students did exercise with sport teacher for 20 minutes. After that they took refreshments.

Dr. Santosh Pandey (Principal, GIHSM) told the students about Swami Vivekanand Ji and talked about his beliefs. He told them that the Government of India had declared to observe the National Youth Day every year on the birthday of Swami Vivekananda on 12th of January. It was decided by the Government of India in order to inspire all the youths of country towards the philosophy of Swami Vivekananda and his ideals. The birthday of Swami Vivekananda was decided to be celebrated as the National Youth Day to complete the aim of making better future of the country by motivating the youths through the way of life and ideas of Swami Vivekananda. It is the aim of great importance of distributing the ideas and ideals of the Swami Vivekananda among the youths of India. It is the great way to wake up the eternal energy of the youths as well as their big efforts to make the country developed.

The students took an oath to help the needy and poor persons. A friendly match of kabbadi was conducted. After that they took their lunch. In the last, A motivated speech was given by programme officer, Mr. Sumit Mishra.


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6. Report of one day camp on the occasion of Voters day (25th Jan. 2020) conducted in Goel Institute of Higher Studies Mahavidyalaya, Lucknow.

Date: 25/1/2020

Name of Programme officer:- Mr. Sumit Mishra

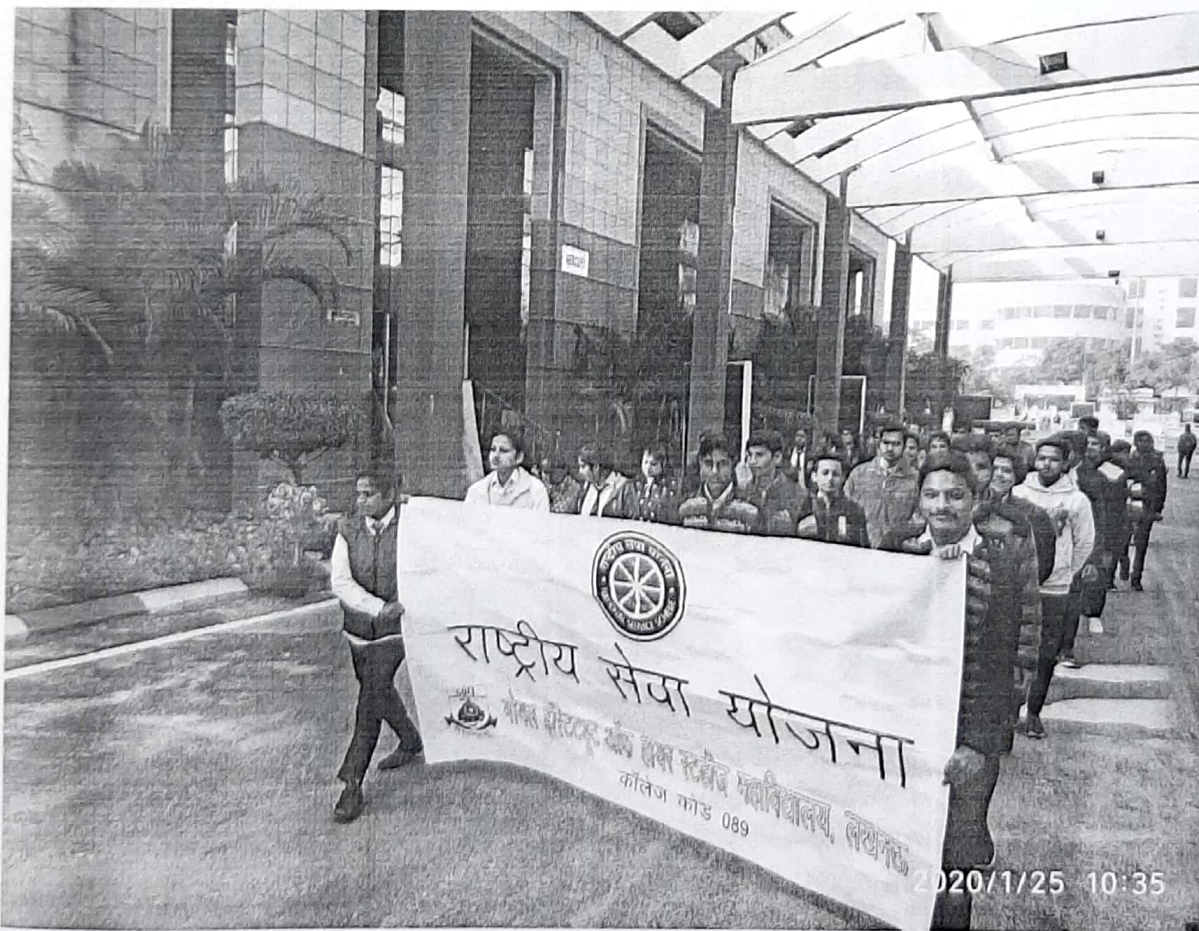
The 6th one day camp was conducted on 25/1/2018 on the occasion of voter's day. The students gathered in the ground of "Goel Campus" and they sang NSS song. We went to Indira Gandhi Prathisthaan, Gomti Nagar, Lucknow to participate in the celebration of National Voters Day, jointly collaboration with U.P. state government and University of Lucknow, Lucknow. All the NSS teams of affiliated colleges were present. U.P. Governor, Anandi Ben Patel, presented her views on the importance of voting and role of NSS volunteers to educate and motivate their family, neighbors, and villagers to cast their vote for nation building. After that they took their lunch. In the last, Programme Officer Mr. Sumit Mishra discussed the students about their experience and motivated them.





Sumit Mishra
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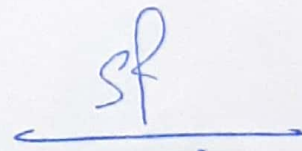



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7. Report of One day camp on the occasion of International Women's Day on 8th March 2020 conducted at goel campus.


Date: 08/03/2020


Programme Officer: Mr. Sumit Mishra

One day camp was conducted on 08/3/2020 on the occasion of International Women's Day. The students gathered in the auditorium of Goel Campus and sang NSS song. The chief guest was Smt. Anuradha Goel. First of all Principal Sir, Dr. Santosh Pandey, Gave his speech and told the history that why the day is celebrated. After that the chief guist was invited and she told us the importance of the day. She focuses on as International **Women's Day** (IWD) is dedicated to celebrating **women's** achievements in the social, economic, cultural, and political spheres. The **day**, collectively founded by women, also brings attention to gender parity and **women's** rights. It's also an **important** tool for policymakers striving towards gender equality.





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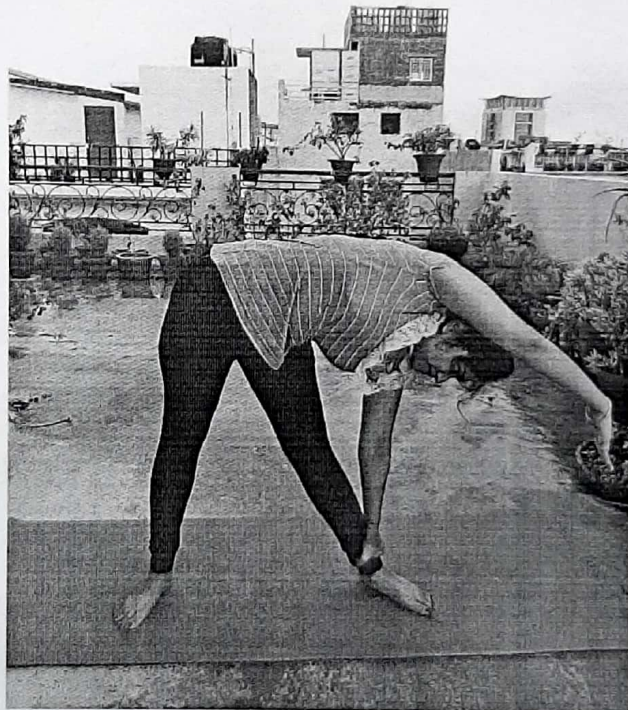

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8. Report on the activity on the occasion of International Yoga Day On 21st June 2020.

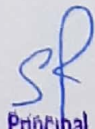
Date: 21/06/2020

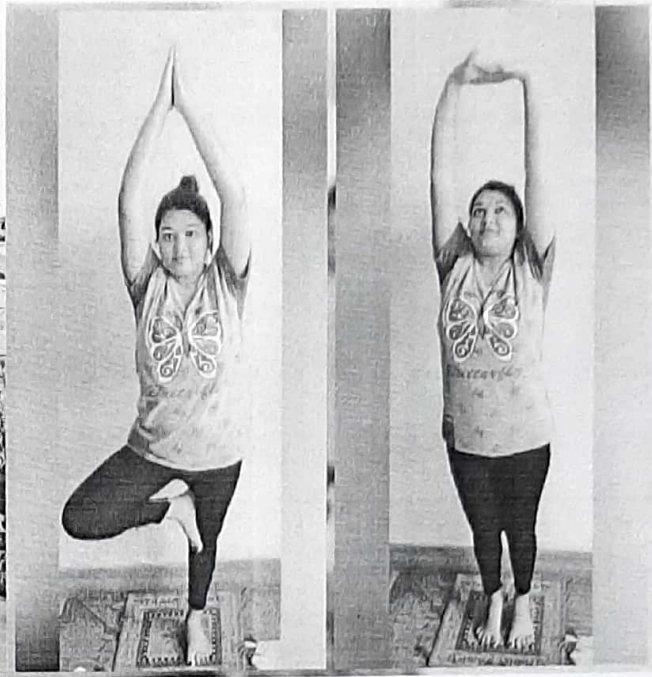
Programme Officer: Mr. Sumit Mishra

Due to Covid-19 it was not possible to celebrate the day together and it was lock down all over the country therefore it was decided to celebrate the day and do activity individually at the home. An online session was conducted by the university of lucknow and we attend the session together from our home and learn a lot.





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Special Camp

Report of Special Camp Conducted at Primary School in Juggaur from 22nd Feb, 2020 to 28th Feb. 2020.

Date: 28/02/2020

Programme Officer: Mr. Sumit Mishra

The special camp was conducted by the students of GIHS Mahavidyalaya, Lucknow at Primary School, Juggaur, Lucknow.

Dr. Santosh Pandey (Principal, GIHSM) addressed the volunteers and wished, motivated and blessed them for the success of camp.

The main objectives of this camp were to make aware to the people of village about the importance of clean environment and the importance of education to make a civilized society.


The first half day was spent by the students in the arrangement of all needed things. Teams were divided to cook the food and for other work. In the second half day students visited the village and identified different problems of that area.

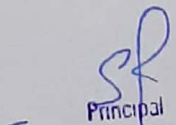
The second day, all the students gathered in the field of school for prayer. They took the breakfast. They cleaned the places nearby school. After taking lunch all the students visited the village and read out their working of the day.

The third day as the regular day, after necessary activities we all went to the village to get data of children, their education, and during the collection of data. We had a discussion with parents and told the importance of education. We motivated them to make their children educated and a civilized person in the society. The volunteers made a discussion about the experience of the day.

The fourth day, we had our game teacher Mr. Sandeep Sharma, He highlighted the importance that how a student can be healthy by involving in games and sports. In the second half the students visited the village and we all cleaned the garbage from the streets. We discussed the people about the importance the cleanliness and make their village clean.

The fifth day, in the first half day the agenda of medical awareness was put up. All the volunteers were taught about simple vaccination and sanitary need by pharmacist Dr. Arpita. After that we visited to the village collected information about the children below 5 years who were not vaccinated with polio vaccination and rest of the other necessary vaccination. The parents who were not taking interest we all made them aware about the importance of these types of programs.


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In the second half Mr. A.K. Dixit, Advocate high court, Lucknow had conducted a training program on the basic legal rights & awareness.

The sixth day, the first half day we spent with the students of the school, we taught them and held several activities with them. From those activities they learnt a lot and enjoyed the learning process.

The second half day our agenda was to discuss the importance of food. Generally people throw it in dustbin while in marriages and in birth parties or at our home. We focus on how hard times a farmer grow crops which we buy easily from market by just paying a little money. Then we came to know the value of the food.


The seventh day, the last day of the camp, we planted many different types of plants in the village. The day ended of camp with lots of real lessons and memories with us. We all were thinking about them how they manage their lives with limited facilities. They are real managers of resources.

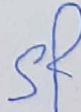
We salute to the great farmers of India.

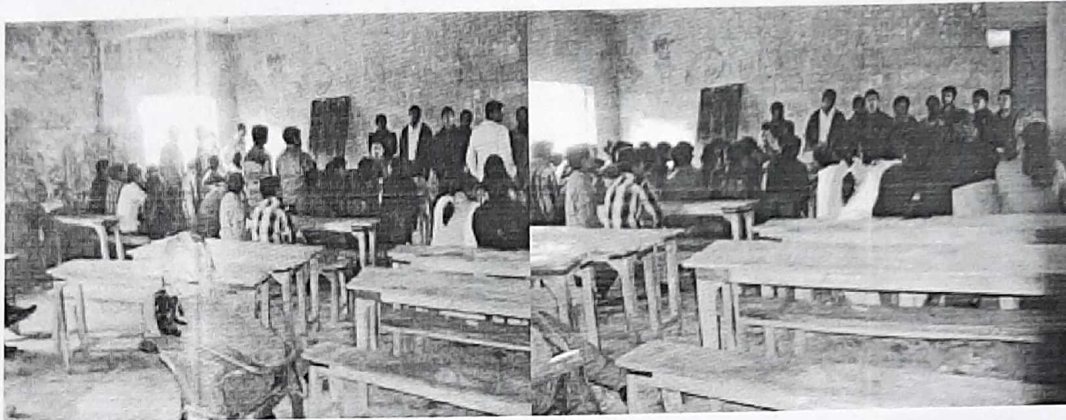
Thank You!

Objectives:


The Main objective of this camp was to make aware to the people of village about the importance of clean environment and the vision of our Prime Minister Mr. Narendra Modi "Swachh Bharat Abhiyan", and how their role is important to achieve the objective. Along with this, to begin the interface with community, rapport building with community members and developing understanding of the village keeping in view the rationale of developing long term institutional relation with the community and contribution to the upliftment of people therein and to provide opportunities to students to play their roles in the implementation of various development programmes by planning and executing development projects, which not only help in creating durable community assets in rural areas and slums but also result in improvement of the condition of weaker sections of the communities.


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Matri Bhoomi Vidhik Jagrukta Samiti

Regd. No. 1828-2008-9

6, Park Road, Hazrat Ganj, Lucknow.

(Awareness For All)



CERTIFICATE

This is to Certify that Mr./Ms. Rishika Srivastava is
awarded a certificate after completion of training in Legal Awareness Training Programme for session
201 at C.I.H.S. Malaulayalaya
The Programme included the basic knowledge of Law which may helpfull for making
his/her bright career in future.

Arise, awake and make prosperous country.

Center in Charge

Mrs. Preeti


Director

A.K. Dixit
Advocate, High Court

Date

Matri Bhoomi Vidhik Jagrukta Samiti

Regd. No. 1828-2008-9

6, Park Road, Hazrat Ganj, Lucknow.

(Awareness For All)



CERTIFICATE

This is to Certify that Mr./Ms. Ablishek Kumar Purohit is
awarded a certificate after completion of training in Legal Awareness Training Programme for session
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The Programme included the basic knowledge of Law which may helpfull for making
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Arise, awake and make prosperous country.

Center in Charge

Mrs. Preeti


Director

A.K. Dixit
Advocate, High Court

Date


Programme Officer

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